



## Sikkim Government College Namchi

### Department of Physical Education

Physical Education is a type of education that focuses on teaching students the importance of regular physical activity and maintaining healthy lifestyles.

The Department of Physical Education was established in the year 2006. Since the establishment, following faculties members were appointed in the department of Physical Education:

1. Mr. Pemba Bhutia (2005-2007)
2. Mr. Sangay Chopel Bhutia (2007-2014)
3. Mr. Tshering Wongdi Bhutia (2012- 2024)
4. Mr. Tashi T. Bhutia (2013-2018)
5. Mr. Binod Chettri (2020-2024)
6. Dr. Chewang Doma Bhutia (2018-Present)
7. Mr. Jonah Rai (2018-Present)
8. Mr. Bishwa Hang Subba (2018-Present)

Games and sports are the inevitable parts of a student's life. Realizing this, the college pays utmost heed to this sector in many ways.

The department of Physical Education of the college looks after the activities in this arena. Besides organizing the annual Sports Meet, the college also organizes various sporting activities from time to time. The sole aim of all these is to cultivate, the trend of competition, physical proficiency and brotherhood amongst the students and to give them a chance to mingle with the universal platform. Eminent students of this field are also felicitated.

The college has separate Common Rooms for boys and girls with facilities like Table-Tennis, Carom, and Chess etc. The college also conducts other games like Football, Volleyball, Badminton, Cricket etc.

| Information       |                                                                           |
|-------------------|---------------------------------------------------------------------------|
| Department        | Physical Education                                                        |
| Address           | SGC Namchi, Kamrang<br>South Sikkim-737126                                |
| Established       | 2006                                                                      |
| Course Name       | BA (Honours in PE)                                                        |
| Present Faculty   | Dr. Chewang Doma B<br>Mr. Jonah Rai<br>Mr. Bishwa Hang Sub                |
| Sports Facilities | Football<br>Volleyball<br>Athletics<br>Badminton<br>Table tennis<br>Chess |

**Aim of the department:**

The aim of the department is to develop students physical and mental well being and to teach them the importance of regular physical activity. Physical education can help students improve their physical fitness, develop healthy habits, and learn skills that can be applied to various sports and activities. The department also aims at the promotion of the students for higher education from the rural part of West and South Sikkim with good sports background.

As the state is also facilitated with the lone SAI centre (Sport India) in Namchi and Sport Council Centre thus the department of Physical Education under Sikkim Govt. College aims at the enhancement of their education along with their sport participation.

**Faculty Details 2024:**

The present faculty details as of 2024.

| Sl. No. | Faculty Name            | Designation         | Qualification                 |
|---------|-------------------------|---------------------|-------------------------------|
| 1.      | Dr. Chewang Doma Bhutia | Assistant Professor | M.P.Ed., M. Phil., Ph.D., NET |
| 2.      | Mr. Jonah Rai           | Assistant Professor | M.P.Ed., NET                  |
| 3.      | Mr. Bishwa Hang Subba   | Assistant Professor | M.P.Ed., NET                  |

**Course Details- Bachelor of Arts (Honours in Physical Education)**

1. Course Name: Bachelor of Arts (Honours in Physical Education)
2. Nature of the Course: Diploma
3. Duration of the Course: 3 Years Full Time
4. Examination Pattern: Semester
5. Number of Semester: Six Semester
6. Marking Scheme (Percentage/Credit): Credit
7. Objectives: The Programme Educational Objectives are:
  - a) To provide better leadership in the field of Physical Education.
  - b) Students would learn basics sport sciences.
  - c) To provide right concepts about health and factors influencing health.
  - d) To provide basic concepts about sports training and coaching.

## **Facilities of the department**

The following facilities are also available in the department of Physical Education.

### **I. College Building:**

1. Staff Room
2. Classroom
3. Smart Classroom
4. Equipment Facilities Room
5. Department Library

### **II. Teaching Aids**

1. Projector
2. Microphone
3. Smart Screen Board
4. Charts
5. Equipments

## **Sports Facilities**

1. Football Playgrounds: The College has a football playfield measuring 80m in length and 40m wide. The playfield is use to run the other athletic activities of different courses at the same time.
2. Volleyball Court: The College also has volleyball court within the premises of the college.
3. Badminton Court: The College has two Badminton Court located inside the college building.
4. Table Tennis: The College also provides facilities for students who are interested in Table Tennis.
5. Sports Equipment: Quality equipment for all games and sports in adequate quantity are available to meet the need of students' strength. Football, Volleyball, Cricket, Badminton, Chess, Table Tennis and Athletics equipment are also available to the students
6. Other Facilities: The College provides facilities in game like Carrom, Chess, Checker, Tug of War, e-mobile games etc.

## **Expected Learning Outcomes(2019-2024)**

### **1. Introduction-**

The syllabus of B.A Honours (Physical education) has been framed with the objective to integrate the wholesome theoretical knowledge with practical application.

### **2. Learning outcome- based curriculum framework in B.A Physical education-**

#### **Foundation of Physical education-PED-UG-E101**

On completion of the course, the students will be able to:

- Understand the meaning, concept and importance of physical education.
- Know historical background of physical education and acquaint with the recent progress.
- Understand the biological and sociological aspect involved in performance.
- Acquire knowledge regarding the Olympics movement, international competition and awards in sports.
- Learn the skill in track and field events.

#### **Health Education- PED-UG-E201**

On completion of the course, the students will be able to:

- Understand the meaning, definition and concept of health and health education
- Analyze the various dimension of physical and mental health in context of physical education
- Acquire knowledge on management of different wounds, fractures and various injuries.
- Gain knowledge about good and bad posture and corrective exercises.
- Develop an understanding about the concept of nutrition, ergogenic aids and doping.

#### **Anatomy and Physiology- PED-UG-E301**

On completion of the course, the students will be able to:

- Understand basics of human anatomy
- Gain knowledge about musculoskeletal system
- Develop an understanding of physiology of human system
- Learn suryanamaskar, asanas and pranayama.

#### **Measurement and Evaluation-PED-UG-C401**

On completion of the course, the students will be able to:

- Understand the concept of test, measurement and evaluation in physical education
- Learn the procedure and methods of different test and evaluation in physical education
- Learn about tests and evaluation for a particular game and fitness component
- Learn about the importance of anthropometric measurement in assessing body composition.

#### Sport Management- PED-UG-C402

On completion of the course, the students will be able to:

- Learn the concept and importance of sport management
- Gain knowledge of procedure for conducting the tournaments
- Learn budgeting and equipment management
- Acquire knowledge on rules and regulation, ground markings and officiating.

#### Kinesiology and Biomechanics- PED-UG-C501

On completion of the course, the student will be able to:

- Understand the concept and importance of kinesiology in physical education
- Acquire knowledge on different components needed in human movement
- Gain knowledge of body movement in term of mechanical dynamics
- Learn to assess the physical fitness using various tests.

#### Sport training-PED-UG-C502

On completion of the course, the student will be able to:

- Understand the concept and need of sport training
- Learn different training methods for sports performance
- Learn to plan training programme
- Learn to assess motor fitness and flexibility.

#### Sport Psychology- PED-UG-C601

On completion of the course, the student will be able to:

- Learn the concept, nature and branches of sport psychology and its implication.

- Student will also be able to understand the personality trait of an individual and motivation which will helps in team sports or individual sports to have the best outcomes.
- Understand the concept of motor learning, motor skills and motor control.
- Will also learn the laws, stages and factors affecting learning, learning curve- types and characteristics, transfer of training.

### Exercise Physiology-PED-UG-C602

On completion of the course, the student will be able to:

- Understand the concept of exercise physiology and its role in sports and physical education.
- Learn the mechanism of various systems.
- Learn about effect of exercise on various system of our body.
- Acquire knowledge on practical application of coaching or collection of data.

### **3. Aims of B.A (Hons) Physical Education-**

- Providing opportunities for students to learn and practice new skills.
- Supporting the overall physical and mental wellbeing of students.
- Developing physical fitness and healthy habits.

### **4. Graduate Attributes for Graduate of B.A (Hons) Physical Education**

On completion of the course, the students are expected to achieve following attributes:

- Ability to create new domain of knowledge with understanding and able to demonstrate appropriate levels of professional knowledge, practice and engagement.
- Develop proficiency in verbal, visual and written skills to present complex information in a clear & concise manner to professionals of physical education.
- Develop the competence to positively influence, inspire and motivate others to manage conflict and building strong rapport with others to obtain commitment to a shared vision as a part of team or group.
- Ability to create, provide sports environment for society and inspire people for attaining high level of fitness & wellness.
- Developing research ethics in physical education & sport.
- Develop the entrepreneurship skills for personal effectiveness and achieve goals in field of physical education and sport.
- Develop strong interpersonal skills including respect, empathy and perspectives for professional teaching, training and coaching environment related to physical education, exercise and sports.

**Sanctioned Strength-**

- 2019- 61
- 2020- 66
- 2021- 57
- 2022- 63
- 2023- 75
- 2024- 66

### **Department Faculty Profile:**

#### **Personal Data:**

Name: Chewang Doma Bhutia  
Occupation: Assistant Professor, (Date of Appointment- 07/08/2018)  
Dept. Of Physical Education, Sikkim Govt. College, Namchi Kamrang, South Sikkim.

Permanent Address: Below Mani Lhakhang,  
Lower Tumlong Area  
P.O- Phudong, North Sikkim.  
Pin no- 737119.

Mobile: +919846399093, 9832496589  
Date of birth: 23-11-1989  
Gender: Female  
Language Known: English, Hindi, Bhutia, Nepali  
Blood Group: O<sup>+VE</sup>  
Religion: Buddhist  
Nationality: Indian  
Category: Schedule Tribe  
Marital Status: Single  
Father's Name: Tshering Wangdi Bhutia  
Mother's Name: Tshering Ongmu Bhutia  
Email: dzongripachewang1@gmail.com

#### **Educational Qualification**

| Course            | Register No. | Board / University     | Institution                                                                 | Year     | Percentage |
|-------------------|--------------|------------------------|-----------------------------------------------------------------------------|----------|------------|
| PhD               | 20151121004  | Pondicherry University | Pondicherry Central University, Puducherry, Kalapet                         | 2019     | A          |
| M. Phil.          | 14012        | University of Kerala   | Lakshmibai National College of Physical Education, Kariavattom, Trivandrum. | 2015- 16 | A grade    |
| M.P.E             | 309          | University of Kerala   | Lakshmibai National College of Physical Education, Kariavattom, Trivandrum. | 2012-14  | 79.2%      |
| B.P.E             | 9110         | University of Kerala   | Lakshmibai National College of Physical Education, Kariavattom, Trivandrum. | 2009-11  | 73.81%     |
| XII <sup>th</sup> | 3226171      | CBSE                   | Paljor Namgyal Girls Senior Secondary School, Gangtok                       | 2009     | 70.4%      |
| X <sup>th</sup>   | 3130222      | CBSE                   | Paljor Namgyal Girls Senior Secondary School, Gangtok                       | 2007     | 52.2%      |



## Specializations

- Subject – Exercise Physiology
- Game- Basketball (Specialization).
- Kabaddi, Volleyball, Football, Table Tennis, Badminton, Athletics.
- Aerobics, Callisthenics.
- Taekwondo.

## Professional Experience

- Attended Refresher Course(online) from 14 sept – 27 Sept , 2021 organised by LNIPE, Gwalior.
- Has attended International and National Conference on Sports Psychology Serving Athletes and Coaches organized by IGIPSS, Delhi University online 10- 12 March, 2021.
- Has attended Online International Conference on Modern Approach on Kinanthropometry, Nutrition on Growth and Development- Making, organised by YMCA, Chennai on 28 August , 2021.
- Attended FDP (Promoting Excellence in Physical education and Sports through Innovation in Teaching and Learning ICT & Professional Approach) organised by Guru Angad Dev Teaching Learning Centre, University of Delhi from 27 May- 2 June, 2021.
- Attended FDP on Anti Doping and Sports Science organised by Auro University, Surat from 15- 21 June, 2021.
- Attended 131 Orientation Course from 5 March – 25 March, 2020 organised by Pondicherry University.
- Attended two weeks **Sports Anthropometry Course under Skills development programme**, under Sport Authority of India, from 21 March – 2 April, 2016
- Taken aerobic classes for the Slum Children under the program organized by Social welfare department, under the Govt. of Kerala, 2015.
- Has also taken aerobic classes for the summer camp children under SAI, Trivandrum 2015.
- Attended the **XXXV National Games 2015, Kerala** as a volunteer organized by Government of Kerala from 31<sup>st</sup> to 14<sup>th</sup> February, 2015.
- Has Qualified as a **KBA (Kerala Basketball Association) Referee**- 2014.
- Has been a **Joint Secretary of the College Literary Society** for the academic year 2013-14.
- Worked as **Teaching Assistant** for the year 2012-13 at LNCPE, Thiruvananthapuram.
- Attended **Leadership Training Camp** held at Palode organized by LNCPE in 2012.
- Attended **41<sup>st</sup> Inter District and 60<sup>th</sup> Annual Kerala State Table Tennis Championship-2011** as an umpire conducted by Trivandrum District Table Tennis Association from 30<sup>th</sup> November to 4<sup>th</sup> December, 2011.
- Attended the **XIX Commonwealth Games 2010 Delhi, India** as a volunteer organized by Government of India from 3<sup>rd</sup> to 14<sup>th</sup> October, 2010. Attended the **Two days Leadership Training Camp** organized by the Department of Student Services, University of Kerala on 25<sup>th</sup> and 26<sup>th</sup> March, 2013.

## Publications/International/National

1. Published a paper entitled “**effect of different intensity aerobic dance on total cholesterol and triglyceride in overweight and obese adulthood women**” in *International Journal of Physiology, Nutrition, and Physical Education*. 2(1); 380-383. ISSN: 2456-0057. July- December 2017.
2. Published a paper entitled “**effect of physical exercise programme on gross motor function of children with cerebral palsy**” in the *African Journal for Physical, Health Education, Recreation and Dance (AJPHERD)*. 21(1); 1- 13. ISSN: 1117- 4315, November 2015.
3. Published a paper entitled “**effect of weight training on strength changes in midlife women**” in the *International Research Journal of Management Science & Technology (IRJMST)*. 7(4); 15- 19. ISSN: 2250-1959, 2016.

4. Published a paper entitled **“effect of physical exercise programme on balance in preschool children”** in the *International Research Journal of Management Sociology & Humanities (IRJMSH)*.7(3); 150-156. ISSN: 2277- 9809, 2016.
5. Published a paper entitled **“effect of physical exercise programme on quality of life of adolescents with cerebral palsy”** in the *Jai Maa Saraswati Gyandayini- An International Multidisciplinary e-Journal*. 1(4); 615-622.ISSN: 2454-8367, April 2016.
6. Published a paper entitled **“effect of physical activity intervention on fundamental motor skills in early childhood”** in the *International Research Journal of Management Sociology & Humanities (IRJMSH)*.7(4); 88-93. ISSN: 2277- 9809, 2016.
7. Published a paper entitled **“effect of physical exercise programme on object control skills in preschool children”** in the *Research Ambition- An International Multidisciplinary e-Journal*. 1(1); 76- 84.ISSN: 2456-0146, May 2016.
8. Published a paper entitled **“effect of physical activity on gross motor development among anganwadi children”** in *International Research Journal on Health Fitness and Sports Sciences*. 3(2); 35-38. ISSN- 2320-5202, November 2015.

#### Conference Presentations/National/International

1. Presented a paper on **“To examine the effect of moderate intensity vs low intensity aerobic dance routine on body composition in overweight adult women”** at AMALIT International Conference organized by Amal College, Nilambur, Kerala on 23<sup>rd</sup> – 25<sup>th</sup> January 2023.
2. Presented a paper on **“An Analysis of Motivation among Women towards Physical Exercise in Relation to their BMI”** at the International Congress on Renaissance in Sports- Strategies, Challenges, and Choices organized by National College, Thiruchirappalli, Tamilnadu on 10<sup>th</sup>- 11<sup>th</sup> February 2017.
3. Presented a paper on **“Physical Activity/ Exercise as an Interactive Approach in Reducing Cancer”** at International Conference on Physical Education & Sports Science (ICPESS) organized by Manipal University, Jaipur on 5<sup>th</sup>- 7<sup>th</sup> January 2017.
4. Attended the **Sports Ayurveda Training Programme 2014- 15** organized by Department of Indian Systems of Medicine Sports Ayurveda Research Cell, Kerala organized by Thiruvananthapuram Unit on 16<sup>th</sup>- 17<sup>th</sup> March 2015 at LNCPE Conference Hall, Kariavattom, Thiruvananthapuram.
5. Presented a paper on **“Effect of Physical Exercise Programme on Gross Motor Function and Quality of Life of Children with Cerebral Palsy”** at International Conference on Physical Education & Sports Science organized by JECRC University, Jaipur on 6<sup>th</sup>-7<sup>th</sup> January, 2015 and the paper has been published in the journal- “Global Excellence in Fitness and Sports Science”.
6. Presented a paper on **“Physical Exercise in the lives of cerebral palsy”** at UGC Sponsored Two Day National Seminar on “Emerging Trends in Sports Sciences” organized by Government College of Physical Education, East Hill, Calicut-5. Kerala, on 27<sup>th</sup>-28<sup>th</sup> November 2014.

#### Sports Achievements

- First place in the Pondicherry University Inter-Collegiate Kabaddi (Women) Tournament held at P.U Community College, Pondicherry for the year 2015-16, on 30-31, October 2015.
- Participated in Basketball in the College Games 2014 held at Thiruvananthapuram, February (20-22) 2014.
- Second place in the Kerala University Inter-Collegiate Basketball (Inter-Zone) Women Tournament held at College of Engineering, Thiruvananthapuram for the year 2013-14, on 18-19 October 2013.
- Third place in the Kerala University Inter-Collegiate Kabaddi (Inter-Zone) Women Tournament held at NSS College, Neeramankara, Thiruvananthapuram for the year 2013-14, on 21-22 October 2013.
- Won Silver medal in All India Inter-University Taekwondo Championship held at Manipur University, Imphal, February (25-28) 2012.
- Participated in South Zone Inter- University Football (Women) Tournament held at Annamalai’s University, Chidambaram for the year 2011-12, February (1-5) 2012.

- Third place in the Kerala University Inter-Collegiate Kabaddi (Inter-Zone) Women Tournament held at University Stadium, Thiruvananthapuram for the year 2012-13, on 1 December 2012.
- Second place in the Kerala University Inter-Collegiate Basketball (Women) Tournament held at Govt. Women's College, Trivandrum for the year 2011-12, on 26 September 2011.
- Participated in South Zone Inter-University Kabaddi (Women) Tournament held at Vikram University, Ujjain for the year 2010-11 February (9-13)2011.
- Participated in the South West Zone Inter University Football Tournament held at Jiwaji University, Gwalior for the year 2010-2011, January (12-19)2011.
- First place in the Kerala University Inter-Collegiate Football (Inter-Zone) Women Tournament held at University Stadium, Trivandrum for the year 2011-12, on 29 October 2011.

### **Declaration**

I hereby declare that the above-mentioned information is correct up to my knowledge and I bear the responsibility for the correctness of above-mentioned particulars.

Place: Namchi

Date: 15/06/2023



CHEWANG DOMA BHUTIA

## PERSONAL PROFILE

Name: Bishwa Hang Subba  
Designation: Assistant Professor in Physical Education  
Sikkim Government College Namchi, Kamrang South Sikkim

Date of birth: 03/08/1995  
Gender: Male  
Language Known: English, Hindi, Nepali  
Blood Group: A<sup>+</sup>VE  
Religion: Hindu  
Nationality: Indian  
Category: Schedule Tribe  
Marital Status: Married  
Father's Name: Lt. Amber Bahadur Subba  
Mother's Name: Khem Kumari Subba  
Email: sbishwa112@gmail.com

## ADDRESS FOR COMMUNICATION

HEE SAPONG,  
VILL-HEE SAPONG  
HOUSE NO: 46  
SUB-GYALSHING  
DIST-WEST SIKKIM  
PIN-737113

## ACADEMIC QUALIFICATION

| Examination Passed | Board/University                        | % of Marks Obtained | Year of Passing |
|--------------------|-----------------------------------------|---------------------|-----------------|
| SSC                | NEW LIGHT ACADEMY NAMCHI SOUTH SIKKIM   | 61                  | 2009            |
| HSC                | GOVT SR SEC SCHOOL SOREYONG WEST SIKKIM | 63                  | 2011            |
| B.P.E              | D.C.P.E. Amravati,                      | 73                  | 2014            |
| M.P.ED             | D.C.P.E. Amravati                       | 75                  | 2016            |

#### **CONFERENCES/SEMINARS/WORKSHOP ATTENDED**

- Participate in **GLOBAL CONFERENCE ON TRADITIONAL PHYSICAL CULTURES, SPORTS & GAMES** on 15<sup>th</sup> – 17<sup>th</sup> January 2013 at Amravati contributed for **SIKKIM DANCE**
- Attended the **3<sup>rd</sup>** National Seminar on **INFLUENCE OF GANDHIAN IDEOLOGY ON WORLD SCENARIO** Sponsored by **UGC,NEW DELHI** on 22<sup>nd</sup> & 23<sup>rd</sup> Feb. 2013
- Attended the **6<sup>th</sup>** National Seminar on **SUSTAINABILITY OF GANDHIJ'S THOUGHTS : PRESENT CONTEXT** Sponsored by **UGC,NEW DELHI** on 26<sup>th</sup> & 27<sup>th</sup> Feb. 2016
- Participate in **ALL INDIA PAPER PRESENTATION CONTEST ON PHYSICAL EDUCATION & SPORTS SCIENCES** on 12<sup>th</sup> March 2014
- Participated in the **IGC of FOOTBALL**
- Attended the “**Career Oriented Course** “ in **SWIMMING**
- Attended the “**Career Oriented Course**” in **KABADDI**

#### **Sports Achievements**

- Represented **Inter-University Football** 2015 held in LNIPE Gwalior, Madhya Pradesh.
- Represented **Inter-University Football** 2016 held in Jaipur, Rajasthan.
- **Inter-Collegiate Champion** for 5 years from 2012-2016 held in HVPM, Amravati, Maharashtra.

#### **Declaration**

I hereby declare that the above-mentioned information is correct up to my knowledge and I bear the responsibility for the correctness of above-mentioned particulars.

Place: Namchi

Date:

**Bishwa7**

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Bishwa Hang Subba

## Personal Profile

Name: Jonah Rai

Designation: Assistant Professor, Sikkim Government College Namchi Sikkim

Date of birth: 26/07/1989  
Gender: Male  
Language Known: English, Hindi, Nepali  
Religion: Christian  
Nationality: Indian  
Marital Status: Unmarried  
Email: sampang52@gmail.com

Address: Upper Kamrang, Namchi Sikkim

Specialization Game:

1. Football
2. Swimming

### EXPERIENCE:

School: Kewzing Sr. Sec. School, Sikkim

Designation: Physical Education Teacher

Duration: 24/08/2015 - 06/08/2018

### EDUCATION:

1. College: SGBAU Degree College of Physical Education  
Course: M.P.Ed  
Passing Year - 2015  
Grades : 73.3
2. College: SGBAU Degree College of Physical Education  
Course: B.P.Ed  
Passing Year - 2013  
Grades: 82.3
3. College: Namchi Government College, Sikkim University  
Course: B.A  
Passing Year - 2012  
Grades: 54.5
4. Board: CBSE  
Class: XII  
Passing Year - 2008  
Grades: 57.6

## PROFESSIONAL EXPERIENCE:

- 1) Attended Refresher Course (online) from 7th-20th July, 2021 organised by Teaching Learning Center, Ramanujan College University of Delhi.
- 2) Has attended National Faculty Development Program under the Pandit Madan Mohan Malviya National Mission on Teachers and Teaching.
- 3) Has attended National Conference on Rehabilitation of Sports Injuries organised by Maharashtra Mandal's Chandrashekhar Agashe College of Physical Education, Pune.
- 4) Has participated in National E- Conference on Need of Sports and Physical Education in Changing Scenario organised by SCPETA.
- 5) Has attended Faculty Development Program on Futuristic Approach and Professional Preparation in Physical Education organised by YMCA College of Physical Education Chennai, Tamil Nadu.
- 6) Completed Induction/Orientation Programme for "Faculty in University/Colleges/Institutes of Higher Education" from Nov 10- Dec 09, 2020 organised by Teaching Learning Center, Ramanujan College University of Delhi

## CONFERENCE PRESENTATIONS/NATIONAL/INTERNATIONAL

- 1) Presented a paper on International Seminar, titled "Adventure Sports in Sikkim" Organised by HVPM Amravati Maharashtra
- 2) Presented a paper on National Seminar, titled "Motivation and Athletes Performance" organised by HVPM Amravati Maharashtra

## SPORTS ACHIEVEMENT

- 1) Represented Inter University (Football), 2014-15 held at LNIPE, Gwalior
- 2) Represented Inter University (Football) 2012-13
- 3) First place in Inter- Collegiate Tournament (Football), 2014-15 held at HVPM, Amravati Maharashtra
- 4) First place in Inter-Collegiate Tournament (Football), 2013-14 held at HVPM, Amravati Maharashtra
- 5) First place in Inter-Collegiate Tournament (Football), 2012-13 held at HVPM, Amravati Maharashtra
- 6) Participated in Amravati National Open Cross-Country Competition, 25/08/2012

## Declaration

I hereby declare that the above-mentioned information is correct up to my knowledge and I bear the responsibility for the correctness of above-mentioned particulars.

Place: Namchi

Date:

**Department of Physical Education**

**Details of the Students enrolment - 2019**

| Sl. No. | R011 No.  | Name            | Surname | Gender | Phone No.  |
|---------|-----------|-----------------|---------|--------|------------|
| 1.      | 16NAH-672 | PRITAM GADAILY  | KAMI    | Male   | 8348146726 |
| 2.      | 16NAH-673 | TSHERING TOPDEN | LEPCHA  | Male   | 9647874724 |
| 3.      | 16NAH-674 | SHEEWAJ         | RAI     | Male   | 9775402462 |
| 4.      | 16NAH-675 | PEMPA CHODA     | TAMANG  | Male   | 9593987848 |
| 5.      | 16NAH-676 | MANITA          | PRADHAN | Female | 7432021299 |
| 6.      | 16NAH-677 | RIKESH          | RAI     | Male   | 9851775082 |
| 7.      | 16NAH-678 | ATUL            | KHAWAS  | Male   | 8145777043 |
| 8.      | 16NAH-679 | PASSANG         | SHERPA  | Male   | 7407145697 |
| 9.      | 16NAH-680 | SARASWATI       | RAI     | Female | 9932355814 |
| 10.     | 16NAH-681 | YOGESH          | MANGER  | Male   | 9647934788 |
| 11.     | 16NAH-682 | NIMA TSH.       | LEPCHA  | Male   | 9593376004 |
| 12.     | 16NAH-683 | SHIVA           | RAI     | Male   | 9734797862 |
| 13.     | 16NAH-684 | SAROJ           | TAMANG  | Male   | 8001625679 |
| 14.     | 16NAH-685 | KRISHNA PRASAD  | SHARMA  | Male   | 7872893476 |
| 15.     | 16NAH-686 | ZIGMEE DORJEE   | BHUTIA  | Male   | 9593972449 |
| 16.     | 16NAH-687 | SANJAY          | MANGER  | Male   | 9083224182 |
| 17.     | 16NAH-688 | ANUP            | GURUNG  | Male   | 9474358291 |
| 18.     | 16NAH-689 | NIMA DADUL      | BHUTIA  | Male   | 8972038157 |
| 19.     | 16NAH-690 | SABUNAM         | MANGER  | Female | 9734249309 |
| 20.     | 16NAH-691 | DINESH          | RAI     | Male   | 7586904613 |
| 21.     | 16NAH-692 | SUDIL           | LIMBOO  | Male   | 0          |
| 22.     | 16NAH-693 | BIMAL           | RAI     | Male   | 8348150749 |
| 23.     | 16NAH-694 | TEK BAHADUR     | CHETTRI | Male   | 8145887792 |
| 24.     | 16NAH-695 | NIMLAY          | LEPCHA  | Male   | 8145265957 |



|     |           |              |         |        |            |
|-----|-----------|--------------|---------|--------|------------|
| 25. | 16NAH-696 | RITESH       | RAI     | Male   | 7797471776 |
| 26. | 16NAH-697 | TITUS        | LIMBOO  | Male   | 9933831098 |
| 27. | 16NAH-698 | SONO HANGMA  | SUBBA   | Female | 7550977647 |
| 28. | 16NAH-699 | HIM BAHADUR  | THAPA   | Male   | 9775915750 |
| 29. | 16NAH-700 | KAMAL        | SUBBA   | Male   | 7319413909 |
| 30. | 16NAH-701 | ROYEL        | RAI     | Male   | 8348520676 |
| 31. | 16NAH-702 | RUBEN        | CHETTRI | Male   | 8016116662 |
| 32. | 16NAH-703 | CHHIDEM      | BHUTIA  | Female | 7550821170 |
| 33. | 16NAH-704 | MANISHA      | CHETTRI | Female | 9733160982 |
| 34. | 16NAH-705 | RAMESHWAR    | SHARMA  | Male   | 7063684164 |
| 35. | 16NAH-706 | GANGA PRASAD | GURUNG  | Male   | 7098026441 |
| 36. | 16NAH-707 | RAJ MAN      | LIMBOO  | Male   | 9647794963 |
| 37. | 16NAH-708 | MAMTA        | GURUNG  | Female | 7797601603 |
| 38. | 16NAH-709 | NAR BAHADUR  | MANGER  | Male   | 9563368968 |
| 39. | 16NAH-710 | BIJAY        | CHETTRI | Male   | 9609457733 |
| 40. | 16NAH-711 | PRANAI       | KAMI    | Male   | 9775508573 |
| 41. | 16NAH-712 | GYUTON       | LEPCHA  | Male   | 9733321908 |
| 42. | 16NAH-713 | ISSAC        | GURUNG  | Male   | 7602082591 |
| 43. | 16NAH-714 | BABEL        | RAI     | Male   | 9002728722 |
| 44. | 16NAH-715 | ABISHEK      | NIROLA  | Male   | 9002505933 |
| 45. | 16NAH-716 | ANITA        | RAI     | Female | 9775464086 |
| 46. | 16NAH-717 | ANISH        | PRADHAN | Male   | 7548094520 |
| 47. | 16NAH-718 | ROSE         | RAI     | Female | 7342051571 |
| 48. | 16NAH-719 | GAYATRI      | MUKHIYA | Female | 9775355153 |
| 49. | 16NAH-720 | SUJATA       | RAI     | Female | 9733187712 |
| 50. | 16NAH-721 | SUMAN        | SUBBA   | Male   | 7076447348 |
| 51. | 16NAH-722 | RUSTAM       | RAI     | Male   | 8967533369 |
| 52. | 16NAH-723 | SAJAN KUMAR  | RAI     | Male   | 8759067321 |

|     |           |              |         |      |            |
|-----|-----------|--------------|---------|------|------------|
| 53. | 16NAH-724 | SUREN        | MANGER  | Male | 9647230812 |
| 54. | 16NAH-725 | ARIC         | GURUNG  | Male | 9647230812 |
| 55. | 16NAH-726 | BASAN        | RAI     | Male | 9732992715 |
| 56. | 16NAH-727 | SHER BAHADUR | CHETTRI | Male | 9733054474 |
| 57. | 16NAH-728 | HANGSU       | LIMBOO  | Male | 9735976037 |
| 58. | 16NAH-729 | BIJAY        | RAI     | Male | 7076565594 |
| 59. | 16NAH-730 | ERON         | RAI     | Male | 9593267185 |
| 60. | 16SAH-649 | LUCAS        | KUJUR   | Male | 8145754680 |
| 61. | 16SAO-627 | ASHISH       | MUKHIA  | Male | 8348146726 |

#### Details of the Students enrolment - 2020

| Sl. No. | R0II No.  | Name          | Surname      | Gender | Phone No.  |
|---------|-----------|---------------|--------------|--------|------------|
| 1.      | 17NAO-033 | ATISH         | LIMBOO       | Male   | 9733071223 |
| 2.      | 17NAO-034 | JERALIN       | RAI          | Female | 9647879191 |
| 3.      | 17NAO-411 | SAMUAL        | BHUTIA       | Male   | 9475726242 |
| 4.      | 17NAO-412 | SAMUEL        | CHHETRI      | Male   | 7478165584 |
| 5.      | 17NAO-413 | DIBYA PRAKASH | SUBBA        | Male   | 9609776346 |
| 6.      | 17NAO-414 | HARI KRISHNA  | CHETTRI      | Male   | 9647782178 |
| 7.      | 17NAO-415 | ROBIN         | SUBBA        | Male   | 9733067874 |
| 8.      | 17NAO-416 | PABITRA       | RAI          | Female | 9679393382 |
| 9.      | 17NAO-417 | ADARSH        | THAPA        | Male   | 9832418004 |
| 10.     | 17NAO-418 | SAROJA        | LIMBOO SUBBA | Female | 7797296878 |
| 11.     | 17NAO-419 | ZIGMEE DORJEE | BHUTIA       | Male   | 9749992930 |
| 12.     | 17NAO-420 | PASSANG       | SHERPA       | Male   | 7407145697 |
| 13.     | 17NAO-421 | PEMPA CHODA   | TAMANG       | Male   | 9593987848 |
| 14.     | 17NAO-422 | UJAL          | CHETTRI      | Male   | 9775965499 |
| 15.     | 17NAO-423 | SACHIN        | SUBBA        | Male   | 9647877585 |

|     |           |                |                |        |            |
|-----|-----------|----------------|----------------|--------|------------|
| 16. | 17NAO-424 | DAWA WONGCHUK  | BHUTIA         | Male   | 8327467807 |
| 17. | 17NAO-425 | SAIROSE        | THAPA MANGER   | Male   | 9733092358 |
| 18. | 17NAO-426 | DENU HANGMA    | SUBBA          | Female | 9733230602 |
| 19. | 17NAO-427 | SAMITA         | RAI            | Female | 7557086460 |
| 20. | 17NAO-428 | PRIYA          | CHHETRI        | Female | 9733400205 |
| 21. | 17NAO-429 | YOGESH         | CHETTRI        | Male   | 9609893845 |
| 22. | 17NAO-430 | MAHENDRA       | RAI            | Male   | 9609740477 |
| 23. | 17NAO-431 | SONAM RENCHHEN | BHUTIA         | Male   | 9734076279 |
| 24. | 17NAO-432 | TAPAN          | CHETTRI        | Male   | 9775465785 |
| 25. | 17NAO-433 | RESHMI         | MANGAR         | Female | 9609858345 |
| 26. | 17NAO-434 | TSHERING       | BHUTIA         | Male   | 9733321841 |
| 27. | 17NAO-435 | VIVEK          | TAMANG         | Male   | 8436570543 |
| 28. | 17NAO-436 | AMON           | RAI            | Male   | 8016014723 |
| 29. | 17NAO-437 | JONA           | LIMBOO         | Male   | 8158985287 |
| 30. | 17NAO-438 | ABISEK         | RAI            | Male   | 7602768077 |
| 31. | 17NAO-439 | SONA HANGMA    | SUBBA          | Female | 7547999492 |
| 32. | 17NAO-440 | BIKRAM         | GURUNG         | Male   | 8670363775 |
| 33. | 17NAO-441 | DILON          | KHARKA CHETTRI | Male   | 7407811809 |
| 34. | 17NAO-442 | SUNANDITA      | BISTA          | Female | 7872318151 |
| 35. | 17NAO-443 | DIVYA          | RAI            | Female | 9733340305 |
| 36. | 17NAO-444 | ANUJA          | TAMANG         | Female | 8972940229 |
| 37. | 17NAO-445 | RONA           | CHETTRI        | Female | 9734176864 |
| 38. | 17NAO-446 | SAMIKCHA       | RAI            | Female | 8348165647 |
| 39. | 17NAO-447 | PALCHEN        | LEPCHA         | Male   | 8116440507 |
| 40. | 17NAO-448 | PRAMAN         | CHHETRI        | Male   | 9593770098 |
| 41. | 17NAO-449 | RIBAIN         | LEPCHA         | Male   | 9002377819 |
| 42. | 17NAO-450 | PRIYANKA       | CHETTRI        | Female | 9002090060 |
| 43. | 17NAO-451 | NIRMALA        | GURUNG         | Female | 9474935830 |

|     |           |                 |         |        |            |
|-----|-----------|-----------------|---------|--------|------------|
| 44. | 17NAO-452 | SARITA          | RAI     | Female | 0          |
| 45. | 17NAO-453 | PRAMIL          | RAI     | Male   | 9647876572 |
| 46. | 17NAO-454 | BINAY           | CHETTRI | Male   | 0          |
| 47. | 17NAO-455 | RABIN           | CHETTRI | Male   | 0          |
| 48. | 17NAO-456 | AMIT            | SUBBA   | Male   | 0          |
| 49. | 17NAO-457 | RAJESH          | RAI     | Male   | 0          |
| 50. | 17NAO-458 | TENZING WANCHUK | BHUTIA  | Male   | 0          |
| 51. | 17NAO-459 | PURNI MAYA      | RAI     | Female | 0          |
| 52. | 17NAO-460 | BISHAL          | CHETTRI | Male   | 0          |
| 53. | 17NAO-461 | TAPAN KUMLAR    | CHHETRI | Male   | 0          |
| 54. | 17NAO-462 | PEMA CHOTEN     | SHERPA  | Female | 0          |
| 55. | 17NAO-463 | DAWA SANGAY     | SHERPA  | Male   | 0          |
| 56. | 17NAO-464 | ARPAN           | TAMANG  | Male   | 0          |
| 57. | 17NAO-465 | SANCHAMAN       | MANGER  | Male   | 0          |
| 58. | 17NAO-466 | STEPHEN         | RAI     | Male   | 0          |
| 59. | 17NAO-467 | BUDDA HANG      | SUBBA   | Male   | 0          |
| 60. | 17NAO-468 | PUNAM           | TAMANG  | Female | 0          |
| 61. | 17NAO-469 | ARUNA           | RAI     | Female | 0          |
| 62. | 17NAO-470 | SHISEER         | RAI     | Male   | 0          |
| 63. | 17NAO-472 | BARSHA          | RAI     | Female | 0          |
| 64. | 17NAO-473 | AN KRISHNA      | CHETTRI | Male   | 0          |
| 65. | 17NAO-474 | ARPANA          | RAI     | Female | 0          |
| 66. | 17NAO-584 | ANJEELA         | BHUTIA  | Female | 9647434926 |

**Details of the Students enrolment 2021**

| <b>Sl. No.</b> | <b>R0II No.</b> | <b>Name</b>  | <b>Surname</b> | <b>Gender</b> | <b>Phone No.</b> |
|----------------|-----------------|--------------|----------------|---------------|------------------|
| 1.             | 18NAO-158       | MAYEL        | LEPCHA         | Female        | 8167074097       |
| 2.             | 18NAO-411       | NIMITA       | GURUNG         | Female        | 9647945220       |
| 3.             | 18NAO-412       | AMAN         | RASAILY        | Male          | 9434241531       |
| 4.             | 18NAO-413       | GEDION       | LEPCHA         | Male          | 9647630864       |
| 5.             | 18NAO-414       | SACHIN       | LIMBOO         | Male          | 9734133028       |
| 6.             | 18NAO-415       | RAHUL        | RAI            | Male          | 9733063486       |
| 7.             | 18NAO-416       | BEEBEK       | RAI            | Male          | 9593881403       |
| 8.             | 18NAO-417       | DAWA LAMU    | SHERPA         | Female        | 870684333        |
| 9.             | 18NAO-418       | SUNIL        | RAI            | Male          | 9593976937       |
| 10.            | 18NAO-419       | DUP TSHERING | LEPCHA         | Male          | 7602926553       |
| 11.            | 18NAO-420       | BIJENDRA     | RAI            | Male          | 7430997903       |
| 12.            | 18NAO-421       | BASIL        | LIMBOO         | Male          | 9733110998       |
| 13.            | 18NAO-423       | BEGAIN       | RAI            | Male          | 8906218681       |
| 14.            | 18NAO-424       | ROSHNI       | RAI            | Female        | 8327277659       |
| 15.            | 18NAO-425       | NEERA        | SCHETTRI       | Female        | 6294859776       |
| 16.            | 18NAO-426       | PANDIMIT     | LEPCHA         | Female        | 7047848629       |
| 17.            | 18NAO-427       | NIM RIKI     | SHERPA         | Female        | 9734049530       |
| 18.            | 18NAO-428       | KARMA DIKI   | BHUTIA         | Female        | 8016129531       |
| 19.            | 18NAO-429       | ROSHAN       | SUBBA          | Male          | 9733193407       |
| 20.            | 18NAO-430       | NISHA        | RAI            | Female        | 9733189249       |
| 21.            | 18NAO-431       | BINDIYA      | RAI            | Female        | 9775478266       |
| 22.            | 18NAO-432       | BINITA       | RAI            | Female        | 9734319209       |
| 23.            | 18NAO-433       | PRAMOD       | RAI            | Male          | 8145608191       |
| 24.            | 18NAO-434       | SUSHMITA     | TAMANG         | Female        | 9609876299       |

|     |           |               |         |        |            |
|-----|-----------|---------------|---------|--------|------------|
| 25. | 18NAO-435 | PRAMOD        | TAMANG  | Male   | 8348846434 |
| 26. | 18NAO-436 | SUREN         | RAI     | Male   | 9564128811 |
| 27. | 18NAO-438 | LADIYA        | RAI     | Female | 8167549099 |
| 28. | 18NAO-439 | GAGEN         | RAI     | Male   | 7478981965 |
| 29. | 18NAO-440 | RAMESH        | SUNAR   | Male   | 8001808902 |
| 30. | 18NAO-441 | GOMA          | SHARMA  | Female | 9593980259 |
| 31. | 18NAO-442 | CHEMED CHODEN | TAMANG  | Female | 8001387901 |
| 32. | 18NAO-443 | PHURCHING     | LEPCHA  | Male   | 9733205376 |
| 33. | 18NAO-444 | PALDEN        | SHERPA  | Male   | 9775915499 |
| 34. | 18NAO-445 | YOGEN RANA    | MANGER  | Male   | 7548052374 |
| 35. | 18NAO-446 | PRANISHA      | PRADHAN | Female | 9609850167 |
| 36. | 18NAO-447 | PRIMULA       | GURUNG  | Female | 9547274742 |
| 37. | 18NAO-448 | PRIMILA       | RAI     | Female | 7584950398 |
| 38. | 18NAO-449 | RANJANA       | TAMANG  | Female | 8348905079 |
| 39. | 18NAO-450 | SHESHIR       | RAI     | Male   | 7478981754 |
| 40. | 18NAO-451 | PRIYANKA      | RAI     | Female | 7602765410 |
| 41. | 18NAO-452 | RAN HANG      | SUBBA   | Male   | 9735927600 |
| 42. | 18NAO-453 | BABITA        | RAI     | Female | 7872095512 |
| 43. | 18NAO-454 | PRAMETA       | CHETTRI | Female | 9647850723 |
| 44. | 18NAO-455 | PRABHAT KUMAR | GURUNG  | Male   | 9064970687 |
| 45. | 18NAO-456 | SARJA         | RAI     | Female | 9593887361 |
| 46. | 18NAO-458 | GOPAL         | TAMANG  | Male   | 8967396081 |
| 47. | 18NAO-459 | ROSHAN        | GURUNG  | Male   | 7797893141 |
| 48. | 18NAO-460 | SUMAN         | RAI     | Male   | 9775457711 |
| 49. | 18NAO-461 | ANUP          | RAI     | Male   | 8372800502 |
| 50. | 18NAO-462 | MARIYAM       | LEPCHA  | Female | 7797473770 |
| 51. | 18NAO-463 | PRANITA       | RAI     | Female | 9800332263 |
| 52. | 18NAO-464 | DEEP JOY      | PRADHAN | Male   | 8945509513 |

|     |           |          |         |        |            |
|-----|-----------|----------|---------|--------|------------|
| 53. | 18NAO-465 | BITTU    | RAWAT   | Male   | 7602455779 |
| 54. | 18NAO-467 | SELINA   | RAI     | Female | 9832613330 |
| 55. | 18NAO-468 | BINDHYA  | CHETTRI | Female | 9734999826 |
| 56. | 18NAO-469 | ANJELINA | RAI     | Female | 8768456756 |
| 57. | 18NAO-470 | ENISH    | MUKHIA  | Male   | 8016922874 |

#### Details of the Students enrolment - 2022

| Sl. No. | R0II No.  | Name          | Surname | Gender | Phone No.  |
|---------|-----------|---------------|---------|--------|------------|
| 1.      | 19NAO-461 | AWOKASH       | PRADHAN | Male   | 9735995444 |
| 2.      | 19NAO-462 | RINZING ONGMU | BHUTIA  | Female | 9609930186 |
| 3.      | 19NAO-463 | LAKPA DIKI    | SHERPA  | Female | 960986215  |
| 4.      | 19NAO-465 | BISHES        | CHETTRI | Male   | 7407383817 |
| 5.      | 19NAO-466 | BASANTI       | RAI     | Female | 9002067194 |
| 6.      | 19NAO-467 | ABISHAKE      | SUBBA   | Male   | 9382197192 |
| 7.      | 19NAO-468 | OMA HANG      | SUBBA   | Male   | 7479397582 |
| 8.      | 19NAO-469 | PHURBA WANGAL | SHERPA  | Male   | 7047084060 |
| 9.      | 19NAO-470 | BISWADEEP     | MANGER  | Male   | 9593981480 |
| 10.     | 19NAO-471 | PEMA          | GURUNG  | Male   | 9597025078 |
| 11.     | 19NAO-472 | PRANAY        | CHETTRI | Male   | 9775878564 |
| 12.     | 19NAO-473 | KAMALA        | RAI     | Female | 9735049284 |
| 13.     | 19NAO-474 | TANUJA        | JOGI    | Female | 9800901515 |
| 14.     | 19NAO-475 | DILLIP KR     | CHETTRI | Male   | 9775962008 |
| 15.     | 19NAO-476 | KALPANA       | SUNWAR  | Female | 9593220254 |
| 16.     | 19NAO-477 | PREMIKA       | RAI     | Female | 7432045201 |
| 17.     | 19NAO-478 | ARCHANA       | RANA    | Female | 9348174693 |
| 18.     | 19NAO-480 | ADIT          | GURUNG  | Male   | 9733180972 |
| 19.     | 19NAO-481 | DURGA MAYA    | BHUJEL  | Female | 7047935487 |

|     |           |              |                |        |            |
|-----|-----------|--------------|----------------|--------|------------|
| 20. | 19NAO-482 | SAROJ        | BASNET         | Male   | 9002321403 |
| 21. | 19NAO-483 | DA DOMA      | SHERPA         | Female | 9832121141 |
| 22. | 19NAO-484 | SAMJANA      | CHETTRI        | Female | 7908388468 |
| 23. | 19NAO-485 | ABHISHEK     | DARJEE         | Male   | 9733260889 |
| 24. | 19NAO-486 | NEETA        | GURUNG         | Female | 8348676499 |
| 25. | 19NAO-487 | BIRENDRA     | GURUNG         | Male   | 8348676499 |
| 26. | 19NAO-488 | RANJAN       | PRADHAN        | Male   | 9609606746 |
| 27. | 19NAO-489 | CHOKHENDRA   | RAI            | Male   | 9775456126 |
| 28. | 19NAO-490 | MANIKA       | RAI            | Female | 7407286110 |
| 29. | 19NAO-491 | ALISHA       | RAI            | Female | 9083454956 |
| 30. | 19NAO-492 | PRAKRITI     | BHUJEL         | Female | 8436001657 |
| 31. | 19NAO-493 | UTTAM        | GADAILY KAMI   | Male   | 8145944082 |
| 32. | 19NAO-494 | ANITA        | RAI            | Female | 7007325902 |
| 33. | 19NAO-495 | ROMILA       | RAI            | Female | 9775462970 |
| 34. | 19NAO-496 | AMIRAN       | SUBBA          | Male   | 7584844662 |
| 35. | 19NAO-497 | PREETAM      | PARIYAR DARJEE | Male   | 8670228126 |
| 36. | 19NAO-498 | BINDU        | GURUNG         | Female | 9550369213 |
| 37. | 19NAO-499 | MELAN        | CHETTRI        | Male   | 9609773335 |
| 38. | 19NAO-500 | PAVITRA      | CHETTRI        | Female | 9775877511 |
| 39. | 19NAO-501 | PRABEENA     | RANA           | Female | 7319444315 |
| 40. | 19NAO-502 | ANU HANGMA   | LIMBOO         | Female | 7076974192 |
| 41. | 19NAO-503 | ANJU HANGMA  | LIMBOO         | Male   | 9832471036 |
| 42. | 19NAO-504 | PREETAM      | BHUJEL         | Male   | 9800345693 |
| 43. | 19NAO-505 | SARAN        | RAI            | Male   | 9775915755 |
| 44. | 19NAO-506 | AACHAL       | SUBBA          | Female | 7872885943 |
| 45. | 19NAO-507 | PRAYANA      | RAI            | Female | 7872052401 |
| 46. | 19NAO-508 | BINDU        | RAI            | Female | 8145895515 |
| 47. | 19NAO-509 | SANGAY TASHI | SHERPA         | Male   | 9382573903 |



|     |           |                 |        |        |            |
|-----|-----------|-----------------|--------|--------|------------|
| 48. | 19NAO-510 | TER GYALTSHEN   | TAMANG | Male   | 0          |
| 49. | 19NAO-511 | CHANDRA KALA    | SHARMA | Female | 9593272643 |
| 50. | 19NAO-512 | MINGMA TSHERING | LEPCHA | Male   | 9733321672 |
| 51. | 19NAO-513 | NAVIN           | DARJEE | Male   | 9083721224 |
| 52. | 19NAO-514 | BISWADEEP       | SUBBA  | Male   | 9564093317 |
| 53. | 19NAO-515 | MANJU           | RAI    | Female | 9593312900 |
| 54. | 19NAO-516 | BHUMIKA         | DARJEE | Female | 9733453684 |
| 55. | 19NAO-517 | BURNES          | RAI    | Male   | 9647783678 |
| 56. | 19NAO-518 | AVISHAK         | RAI    | Male   | 8996229448 |
| 57. | 19NAO-519 | RAJANI          | RAI    | Female | 9733023546 |
| 58. | 19NAO-520 | PRAYASH         | RAI    | Male   | 9593266246 |
| 59. | 19NAO-521 | SUCHAN          | DARJEE | Male   | 7797892153 |
| 60. | 19NAO-522 | BIMLA           | SARKI  | Female | 9832463146 |
| 61. | 19NAO-523 | MAYAL           | LEPCHA | Male   | 7797473770 |
| 62. | 19NAO-524 | KISHORE         | RAI    | Male   | 9083014251 |
| 63. | 19NAO-525 | POONAM          | BARUAH | Female | 9732450493 |

#### Details of the Students enrolment - 2023

| Sl. No. | R0II No.  | Name      | Surname | Gender | Phone No.  |
|---------|-----------|-----------|---------|--------|------------|
| 1.      | 20NAO-893 | SUSHMA    | TAMANG  | Female | 8116018846 |
| 2.      | 20NAO-901 | DIKI DOMA | SHERPA  | Female | 8670350142 |
| 3.      | 20NAO-902 | PARMILA   | LIMBOO  | Female | 8927538367 |
| 4.      | 20NAO-903 | BINITA    | RAI     | Female | 7718395561 |
| 5.      | 20NAO-904 | BHUSAN    | THAPA   | Male   | 8670939806 |
| 6.      | 20NAO-905 | AMAN      | RAI     | Male   | 9083725730 |
| 7.      | 20NAO-906 | ARPAN     | RAI     | Male   | 7431877080 |
| 8.      | 20NAO-907 | SUNITA    | GURUNG  | Female | 7478849048 |
| 9.      | 20NAO-908 | SURAJ     | GURUNG  | Male   | 6001551546 |

|     |           |               |              |        |            |
|-----|-----------|---------------|--------------|--------|------------|
| 10. | 20NAO-909 | ROZA          | GURUNG       | Female | 8101395524 |
| 11. | 20NAO-910 | SAJAN         | RAI          | Male   | 9800768043 |
| 12. | 20NAO-911 | VIJAYATA      | SUBBA        | Female | 7076714226 |
| 13. | 20NAO-912 | DEWAS         | GURUNG       | Male   | 8170099204 |
| 14. | 20NAO-913 | ROHIT         | GURUNG       | Male   | 6294001732 |
| 15. | 20NAO-914 | KARMA CHETTEN | SHERPA       | Male   | 7551849257 |
| 16. | 20NAO-915 | ARPAN         | BISWAKARMA   | Male   | 8371948152 |
| 17. | 20NAO-916 | DAWMIT        | LEPCHA       | Female | 8371867735 |
| 18. | 20NAO-917 | PRADEEKA      | TAMANG       | Female | 7679550996 |
| 19. | 20NAO-918 | GYANON        | LEPCHA       | Male   | 811683445  |
| 20. | 20NAO-919 | ABISHEK       | THAPA MANGER | Male   | 7864801321 |
| 21. | 20NAO-920 | ANJANA        | CHETTRI      | Female | 6296423908 |
| 22. | 20NAO-922 | KUSUM         | CHETTRI      | Female | 7076784803 |
| 23. | 20NAO-923 | KARMA DOMA    | SHERPA       | Female | 9382428590 |
| 24. | 20NAO-924 | JEENA         | LEPCHA       | Female | 8001975283 |
| 25. | 20NAO-925 | NAMRATA       | RAI          | Female | 8927794669 |
| 26. | 20NAO-926 | BISHAL        | CHETTRI      | Male   | 9733796804 |
| 27. | 20NAO-927 | TSHETIZ       | MANGER       | Male   | 7001489957 |
| 28. | 20NAO-928 | ZIGMEE        | SHERPA       | Male   | 6297816535 |
| 29. | 20NAO-930 | PRANESH       | CHETTRI      | Male   | 9382197468 |
| 30. | 20NAO-931 | AMARDIP       | CHETTRI      | Male   | 7679081064 |
| 31. | 20NAO-932 | URMILA        | RAI          | Female | 6297864091 |
| 32. | 20NAO-933 | AWAN          | SUBBA        | Male   | 9083309197 |
| 33. | 20NAO-934 | NIMA HISEY    | SHERPA       | Female | 8016225160 |
| 34. | 20NAO-935 | PRASANT       | RAI          | Male   | 8927405236 |
| 35. | 20NAO-936 | ANIL          | GURUNG       | Male   | 8927035435 |
| 36. | 20NAO-937 | ABHINAY       | RAI          | Male   | 7364815647 |
| 37. | 20NAO-938 | PRITAM        | RAI          | Male   | 8436185714 |

|     |           |                |         |        |            |
|-----|-----------|----------------|---------|--------|------------|
| 38. | 20NAO-939 | SANCHA HANG    | LIMBOO  | Male   | 7076301833 |
| 39. | 20NAO-940 | JIWAN          | CHETTRI | Male   | 8372815690 |
| 40. | 20NAO-941 | LAKPA ONGDUP   | SHERPA  | Male   | 9002981903 |
| 41. | 20NAO-942 | YOUSHAN        | SUBBA   | Male   | 7407132641 |
| 42. | 20NAO-943 | KRISNA DOLMA   | TAMANG  | Female | 9593254927 |
| 43. | 20NAO-944 | DAWA DOMA      | TAMANG  | Female | 8116134176 |
| 44. | 20NAO-945 | KHUSEN         | CHETTRI | Male   | 8250099377 |
| 45. | 20NAO-946 | ANKILA         | LEPCHA  | Female | 9083900513 |
| 46. | 20NAO-947 | DIBYA          | RAI     | Female | 8370843112 |
| 47. | 20NAO-948 | PARU HANG      | SUBBA   | Male   | 9749953199 |
| 48. | 20NAO-949 | PRAMOD         | RAI     | Male   | 7550817306 |
| 49. | 20NAO-950 | DEWAL          | GURUNG  | Male   | 8942995962 |
| 50. | 20NAO-951 | UDAI           | CHETTRI | Male   | 7047098454 |
| 51. | 20NAO-952 | PRANIL         | GURUNG  | Male   | 8670803528 |
| 52. | 20NAO-953 | RAM            | RAI     | Male   | 9832938698 |
| 53. | 20NAO-954 | PRANISH        | DARJEE  | Male   | 8116869765 |
| 54. | 20NAO-955 | BITTEN         | GURUNG  | Male   | 8597085313 |
| 55. | 20NAO-956 | NIRMAL         | TEWARI  | Male   | 9832835854 |
| 56. | 20NAO-957 | CHEWANG DORJEY | TAMANG  | Male   | 8391956577 |
| 57. | 20NAO-958 | RESHMA         | RAI     | Female | 7076579942 |
| 58. | 20NAO-959 | BIGYAN         | CHETTRI | Male   | 6296884058 |
| 59. | 20NAO-960 | SUJAN          | RAI     | Male   | 8327388978 |
| 60. | 20NAO-961 | DAWA NORBU     | SHERPA  | Male   | 8509558832 |
| 61. | 20NAO-962 | GITA SINGH     | RAI     | Male   | 6295957475 |
| 62. | 20NAO-963 | BHIM KUMAR     | LIMBOO  | Male   | 6295965951 |
| 63. | 20NAO-964 | TENZING        | SHERPA  | Male   | 7797010192 |
| 64. | 20NAO-965 | LAKPA SONAM    | SHERPA  | Male   | 6295123053 |
| 65. | 20NAO-966 | RUPENDRA       | GURUNG  | Male   | 9593788273 |

|     |           |                |              |        |            |
|-----|-----------|----------------|--------------|--------|------------|
| 66. | 20NAO-967 | PALZER         | LEPCHA       | Male   | 9732142801 |
| 67. | 20NAO-968 | ZIGMEE WANGYAL | BHUTIA       | Male   | 9883698017 |
| 68. | 20NAO-969 | HRITIK         | THATAL       | Male   | 7432948690 |
| 69. | 20NAO-970 | LALITA         | BISWAKARMA   | Female | 9733374788 |
| 70. | 20NAO-971 | NABIN          | NEOPANEY     | Male   | 8927210372 |
| 71. | 20NAO-972 | NALIM HANG     | SUBBA LIMBOO | Male   | 8101782093 |
| 72. | 20NAO-973 | SONAM TOPDEN   | SHERPA       | Male   | 6295361936 |
| 73. | 20NAO-974 | KALDEN ZIGMEE  | BHUTIA       | Male   | 9733925499 |
| 74. | 20NAO-975 | ROSHNA         | GURUNG       | Female | 8101169472 |
| 75. | 20NAO-976 | MONIKA         | SUBBA        | Female | 0          |

#### Details of the Students enrolment 2024

| Sl. No. | R0II No.  | Name       | Surname | Gender | Phone No.  |
|---------|-----------|------------|---------|--------|------------|
| 1.      | 21NAO-721 | PRIYANKA   | SUBBA   | Female | 9832886578 |
| 2.      | 21NAO-722 | TARUN      | RAI     | Male   | 9564891145 |
| 3.      | 21NAO-723 | CELESTINA  | LIMBOO  | Female | 9775294097 |
| 4.      | 21NAO-724 | PUNAL      | LEPCHA  | Male   | 8101914490 |
| 5.      | 21NAO-726 | PRIYA      | RAI     | Female | 7797069380 |
| 6.      | 21NAO-727 | ANTEEM     | GURUNG  | Male   | 9883307308 |
| 7.      | 21NAO-728 | URMILA     | PRADHAN | Female | 9832000839 |
| 8.      | 21NAO-729 | BIJAYTA    | RAI     | Female | 9679971459 |
| 9.      | 21NAO-730 | KRISTOPHER | LIMBOO  | Male   | 9832397376 |
| 10.     | 21NAO-731 | KHUSEN     | PRADHAN | Male   | 9832872859 |
| 11.     | 21NAO-732 | SAHIL      | SUBBA   | Male   | 7477340137 |
| 12.     | 21NAO-733 | ABINAY     | PRADHAN | Male   | 9832969619 |
| 13.     | 21NAO-734 | ANSHIKA    | GURUNG  | Female | 9775046042 |
| 14.     | 21NAO-735 | ALBAT      | GURUNG  | Male   | 9832071332 |
| 15.     | 21NAO-736 | ASMITA     | CHETTRI | Female | 7318653838 |

|     |           |                |         |        |            |
|-----|-----------|----------------|---------|--------|------------|
| 16. | 21NAO-737 | UJWAL          | DARJEE  | Male   | 9883354881 |
| 17. | 21NAO-738 | DAWA TSHERING  | LEPCHA  | Male   | 8638077374 |
| 18. | 21NAO-739 | RITIKA         | MANGER  | Female | 7364846277 |
| 19. | 21NAO-740 | AYOUNGDUP ANEN | LEPCHA  | Male   | 6296603883 |
| 20. | 21NAO-741 | RETREENA       | MANGER  | Female | 7029534485 |
| 21. | 21NAO-742 | SONAM TSHERING | LEPCHA  | Male   | 8101435123 |
| 22. | 21NAO-743 | PRASAN         | CHETTRI | Male   | 9064681623 |
| 23. | 21NAO-744 | SUDHAN         | RAI     | Male   | 9832606128 |
| 24. | 21NAO-745 | REETA          | SANYASI | Female | 9083006628 |
| 25. | 21NAO-746 | HEM PRASAD     | SHARMA  | Male   | 9832453643 |
| 26. | 21NAO-748 | SANJAY         | GURUNG  | Male   | 9832987621 |
| 27. | 21NAO-749 | SALINA         | RAI     | Female | 7407379131 |
| 28. | 21NAO-750 | PHURBA UCHEN   | SHERPA  | Male   | 8670361477 |
| 29. | 21NAO-751 | URBANUS        | THATAL  | Male   | 7908232921 |
| 30. | 21NAO-752 | ABISHEK        | GURUNG  | Male   | 6297430627 |
| 31. | 21NAO-753 | ROHIT          | RAI     | Male   | 8972115378 |
| 32. | 21NAO-754 | SATYAM         | PRADHAN | Male   | 9933651666 |
| 33. | 21NAO-755 | SOPHIA         | RAI     | Female | 8371845334 |
| 34. | 21NAO-756 | SARASWATI      | LIMBU   | Female | 8207230218 |
| 35. | 21NAO-757 | PRITAM         | GURUNG  | Male   | 8927504706 |
| 36. | 21NAO-758 | LEEZUM         | LEPCHA  | Female | 8116898423 |
| 37. | 21NAO-759 | PURAN          | RANPAL  | Male   | 8145199033 |
| 38. | 21NAO-760 | PRAKASH        | RAI     | Male   | 9907699902 |
| 39. | 21NAO-761 | PHUR LAMU      | SHERPA  | Female | 9832552681 |
| 40. | 21NAO-762 | ASHIS          | LIMBOO  | Male   | 7477509754 |
| 41. | 21NAO-763 | BISHAL         | SUBBA   | Male   | 7718776773 |
| 42. | 21NAO-764 | SONAM DECHEN   | BHUTIA  | Female | 8250530974 |
| 43. | 21NAO-765 | BIREN          | CHETTRI | Male   | 8927912998 |

|     |           |                |              |        |            |
|-----|-----------|----------------|--------------|--------|------------|
| 44. | 21NAO-766 | ROHIT          | SUBBA LIMBOO | Male   | 9832101485 |
| 45. | 21NAO-767 | PRATIVA        | RAI          | Female | 9735407690 |
| 46. | 21NAO-768 | SONY HANGMA    | LIMBOO       | Female | 8927223685 |
| 47. | 21NAO-769 | MEEM HANG      | LIMBOO       | Male   | 9832982790 |
| 48. | 21NAO-770 | NIKHIL         | BISTA        | Male   | 9679898398 |
| 49. | 21NAO-771 | NORDEN         | SHERPA       | Male   | 9339957247 |
| 50. | 21NAO-772 | CHANDRA HANGMA | SUBBA LIMBOO | Female | 8348140689 |
| 51. | 21NAO-773 | SAILESH        | RAI          | Male   | 6296386126 |
| 52. | 21NAO-774 | PINKEY         | SHERPA       | Female | 7407383516 |
| 53. | 21NAO-775 | ANUP           | RAI          | Male   | 7076273513 |
| 54. | 21NAO-776 | AJAY           | PRADHAN      | Male   | 8810683115 |
| 55. | 21NAO-778 | RAJESH         | CHETTRI      | Male   | 7384169797 |
| 56. | 21NAO-779 | SISIR          | TAMANG       | Male   | 8927193974 |
| 57. | 21NAO-780 | YAWAN          | RANA         | Male   | 839921561  |
| 58. | 21NAO-781 | AASHISH        | GURUNG       | Male   | 6297417044 |
| 59. | 21NAO-782 | SAWAN          | THAPA MANGER | Male   | 0          |
| 60. | 21NAO-783 | ABISHEK        | GURUNG       | Male   | 9907175899 |
| 61. | 21NAO-784 | SANJAY         | GURUNG       | Male   | 8207220967 |
| 62. | 21NAO-785 | DIKSHIKA       | RAI          | Female | 8768380906 |
| 63. | 21NAO-786 | KRITAN         | RAI          | Female | 8509156830 |
| 64. | 21NAO-787 | ABINASH        | RAI          | Male   | 8016717732 |
| 65. | 21NAO-788 | SARINA         | POUDYAL      | Female | 9083457550 |
| 66. | 21NAO-789 | DICHEN         | SHERPA       | Female | 8389019722 |

## **Department of Physical Education**

### **Strategies for Advance Learner and Slow Learner**

#### **Advance Learner**

The academic performance score of the students in any assessment is above 60%, this will indicate the students as advance learner and students scoring below 50%, this will indicate the students as slow learner.

The following activities are conducted for both categories in order to advance their learning skills.

#### **Conduction of activities for Advance Learner**

1. Advance study material.
2. Encouragement for attending/organizing workshops related to the interest area of student.
3. Hands-on and activity based practical are organized.
4. Special sessions by faculty are organized.
5. Recreational games (to keep their mental ability sharp)
6. Guide slow learner students with their best abilities.
7. Regular Physical exercise
8. Reading sessions.

#### **Conduction of activities for slow learners**

1. Personal attention to be given by respective subject teacher in teaching
2. Solving question paper.
3. Bilingual explanation.
4. Simple and standard lecture notes.
5. Using audio and visual aids.
6. Teaching through practical method
7. Rectifying their mistakes and guiding them properly to create their ideas into words.
8. Appreciating their small achievements to develop interest.
9. Organizing motivational Programmes'.
10. Regular Physical exercise (to make their body mentally, physically and emotionally fit).

**List of the Advanced Learners 2019-2024**

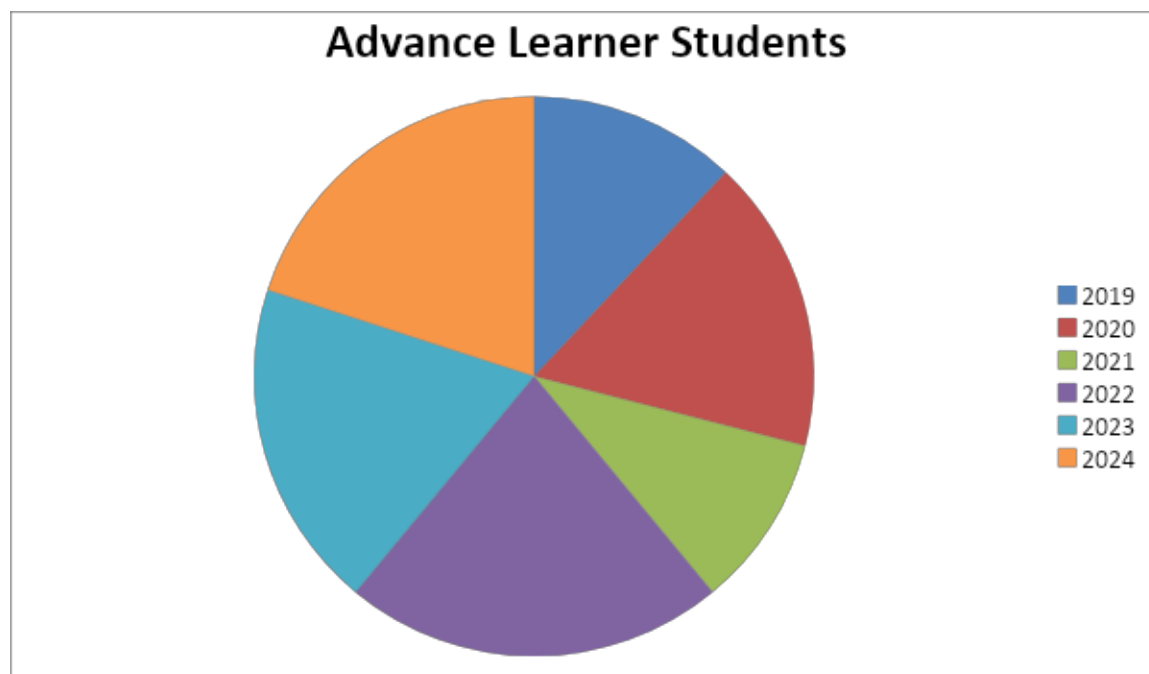
| Sl. No. | Roll No.  | Name                | CGPA |
|---------|-----------|---------------------|------|
| 1.      | 16NAH-680 | SARASWATI RAI       | 6.11 |
| 2.      | 16NAH-683 | SHIVA RAI           | 6.56 |
| 3.      | 16NAH-684 | SAROJ TAMAN         | 6.17 |
| 4.      | 16NAH-678 | ATUL KHAWAS         | 6.34 |
| 5.      | 16NAH-687 | SANJAY MANGER       | 6.67 |
| 6.      | 16NAH-694 | TEK BAHADUR CHETTRI | 6.23 |
| 7.      | 16NAH-698 | SONO HANGMA SUBBA   | 6.76 |
| 8.      | 16NAH-701 | ROYEL RAI           | 6.12 |
| 9.      | 16NAH-704 | MANISHA CHETTRI     | 7.25 |
| 10.     | 16NAH-711 | PRANAI KAMI         | 6.68 |
| 11.     | 16NAH-720 | SUJATA RAI          | 6.23 |
| 12.     | 16NAH-710 | BIJAY CHETTRI       | 6.34 |
| 13.     | 17NAO-467 | BUDDHA HANG SUBBA   | 6.72 |
| 14.     | 17NAO-033 | ATISH LIMBOO        | 6.11 |
| 15.     | 17NAO-034 | JERALIN RAI         | 6.56 |
| 16.     | 17NAO-413 | DIBYA PRAKASH RAI   | 6.17 |
| 17.     | 17NAO-416 | PABITRA RAI         | 6.34 |
| 18.     | 17NAO-418 | SAROJA SUBBA        | 6.67 |
| 19.     | 17NAO-423 | SACHIN SUBBA        | 6.23 |
| 20.     | 17NAO-426 | DENU HANGMA SUBBA   | 6.76 |
| 21.     | 17NAO-436 | AMON RAI            | 6.12 |
| 22.     | 17NAO-443 | DIVYA RAI           | 6.25 |
| 23.     | 17NAO-439 | SONA HANGMA SUBBA   | 6.68 |
| 24.     | 17NAO-446 | SAMIKCHA RAI        | 6.23 |
| 25.     | 17NAO-451 | NIRMALA GURUNG      | 6.19 |
| 26.     | 17NAO-449 | RUBAIN LEPCHA       | 6.34 |



|     |           |                        |      |
|-----|-----------|------------------------|------|
| 27. | 17NAO-459 | PURNI MAYA RAI         | 6.72 |
| 28. | 17NAO-462 | PEMA CHOTEN SHERPA     | 6.11 |
| 29. | 17NAO-584 | ANJEELA BHUTIA         | 7.34 |
| 30. | 17NAO-463 | DAWA SANGEY SHERPA     | 7.17 |
| 31. | 18NAO-411 | NIMITA GURUNG          | 6.44 |
| 32. | 18NAO-417 | DAWA LAMU SHERPA       | 6.17 |
| 33. | 18NAO-421 | BASIL LIMBOO           | 7.00 |
| 34. | 18NAO-423 | BEGAIN RAI             | 6.11 |
| 35. | 18NAO-462 | MARIYAM LEPCHA         | 6.00 |
| 36. | 18NAO-426 | PANDIMIT LEPCHA        | 6.33 |
| 37. | 18NAO-427 | NIM RIKI SHERPA        | 6.39 |
| 38. | 18NAO-428 | KARMA DIKI BHUTIA      | 6.28 |
| 39. | 18NAO-469 | ANJELINA RAI           | 6.89 |
| 40. | 18NAO-467 | SELINA RAI             | 6.28 |
| 41. | 18NAO-425 | NEERA CHETTRI          | 6.56 |
| 42. | 19NAO-482 | SAROJ BASNET           | 6.56 |
| 43. | 19NAO-483 | DA DOMA SHERPA         | 6.72 |
| 44. | 19NAO-485 | ABHISHEK DARJEE        | 6.56 |
| 45. | 19NAO-486 | NEETA GURUNG           | 6.72 |
| 46. | 19NAO-489 | CHOKHENDRA RAI         | 6.72 |
| 47. | 19NAO-492 | PRAKRITI BHUJEL        | 6.06 |
| 48. | 19NAO-494 | ANITA RAI              | 6.78 |
| 49. | 19NAO-497 | PREETAM PARIYAR(DARJEE | 6.39 |
| 50. | 19NAO-498 | BINDU GURUNG           | 7.22 |
| 51. | 19NAO-499 | MELAN CHETTRI          | 6.17 |
| 52. | 19NAO-501 | PRABEENA RANA          | 6.44 |
| 53. | 19NAO-502 | ANU HANGMA LIMBOO      | 6.83 |
| 54. | 19NAO-504 | PREETAM BHUJEL         | 6.33 |

|     |           |                      |      |
|-----|-----------|----------------------|------|
| 55. | 19NAO-505 | SARAN RAI            | 6.28 |
| 56. | 19NAO-507 | PRAYANA RAI          | 7.22 |
| 57. | 19NAO-509 | SANGAY TASHI SHERPA  | 6.11 |
| 58. | 19NAO-510 | TER GYALTSHEN TAMANG | 6.83 |
| 59. | 19NAO-511 | CHANDRA KALA SHARMA  | 6.56 |
| 60. | 19NAO-513 | NAVIN DARJEE         | 6.94 |
| 61. | 19NAO-514 | BISWADEEP SUBBA      | 6.56 |
| 62. | 19NAO-463 | LAKPA DIKI SHERPA    | 6.28 |
| 63. | 19NAO-466 | BASANTI RAI          | 6.89 |
| 64. | 19NAO-462 | RINZING ONGMU BHUTIA | 7.78 |
| 65. | 20NAO-901 | DIKI DOMA SHERPA     | 6.53 |
| 66. | 20NAO-902 | PARMILA LIMBOO       | 6.29 |
| 67. | 20NAO-903 | BINITA RAI           | 6.34 |
| 68. | 20NAO-908 | SURAJ GURUNG         | 6.42 |
| 69. | 20NAO-911 | VIJAYATA SUBBA       | 6.11 |
| 70. | 20NAO-912 | DEWAS GURUNG         | 7.34 |
| 71. | 20NAO-922 | KUSUM CHETTRI        | 7.17 |
| 72. | 20NAO-923 | KARMA DOMA SHERPA    | 6.44 |
| 73. | 20NAO-924 | JEENA LEPCHA         | 6.17 |
| 74. | 20NAO-925 | NAMRATA RAI          | 6.10 |
| 75. | 20NAO-926 | BISHAL CHETTRI       | 6.11 |
| 76. | 20NAO-928 | ZIGMEE SHERPA        | 6.00 |
| 77. | 20NAO-931 | AMARDIP CHETTRI      | 6.33 |
| 78. | 20NAO-932 | URMILA RAI           | 6.39 |
| 79. | 20NAO-933 | AWAN SUBBA           | 6.28 |
| 80. | 20NAO-940 | JIWAN CHETTRI        | 6.39 |
| 81. | 20NAO-939 | SANCHA HANG LIMBOO   | 6.28 |

|     |           |                     |      |
|-----|-----------|---------------------|------|
| 82. | 20NAO-950 | DEWAL GURUNG        | 6.56 |
| 83. | 20NAO-962 | GITA SINGH RAI      | 6.12 |
| 84. | 20NAO-976 | MONIKA SUBBA        | 6.63 |
| 85. | 21NAO-721 | PRIYANKA SUBBA      | 7.68 |
| 86. | 21NAO-723 | CELESTINA RAI       | 6.63 |
| 87. | 21NAO-726 | PRIYA RAI           | 6.29 |
| 88. | 21NAO-729 | BIJAYTA RAI         | 6.34 |
| 89. | 21NAO-733 | ABINAY PRADHAN      | 6.72 |
| 90. | 21NAO-739 | RITIKA MANGER       | 6.61 |
| 91. | 21NAO-741 | RETREENA MANGER     | 6.56 |
| 92. | 21NAO-743 | PRASAN RAI          | 6.37 |
| 93. | 21NAO-744 | SUDHAN RAI          | 6.34 |
| 94. | 21NAO-749 | SALINA RAI          | 6.47 |
| 95. | 21NAO-750 | PHURBA UCHEN SHERPA | 6.23 |
| 96. | 21NAO-767 | PRATIVA SUBBA       | 6.76 |
| 97. | 21NAO-766 | ROHIT SUBBA         | 6.12 |
| 98. | 21NAO-765 | BIREN CHETTRI       | 6.25 |
| 99. | 21NAO-764 | SONAM DECHEN BHUTIA | 6.68 |
| 100 | 21NAO-761 | PHUR LAMU SHERPA    | 6.83 |
| 101 | 21NAO-760 | PRAKASH RAI         | 6.49 |
| 102 | 21NAO-756 | SARASWATI LIMBOO    | 6.34 |
| 103 | 21NAO-758 | LEEZUM LEPCHA       | 6.32 |
| 104 | 21NAO-755 | SOPHIA RAI          | 6.51 |
| 105 | 21NAO-779 | SISIR TAMANG        | 6.34 |



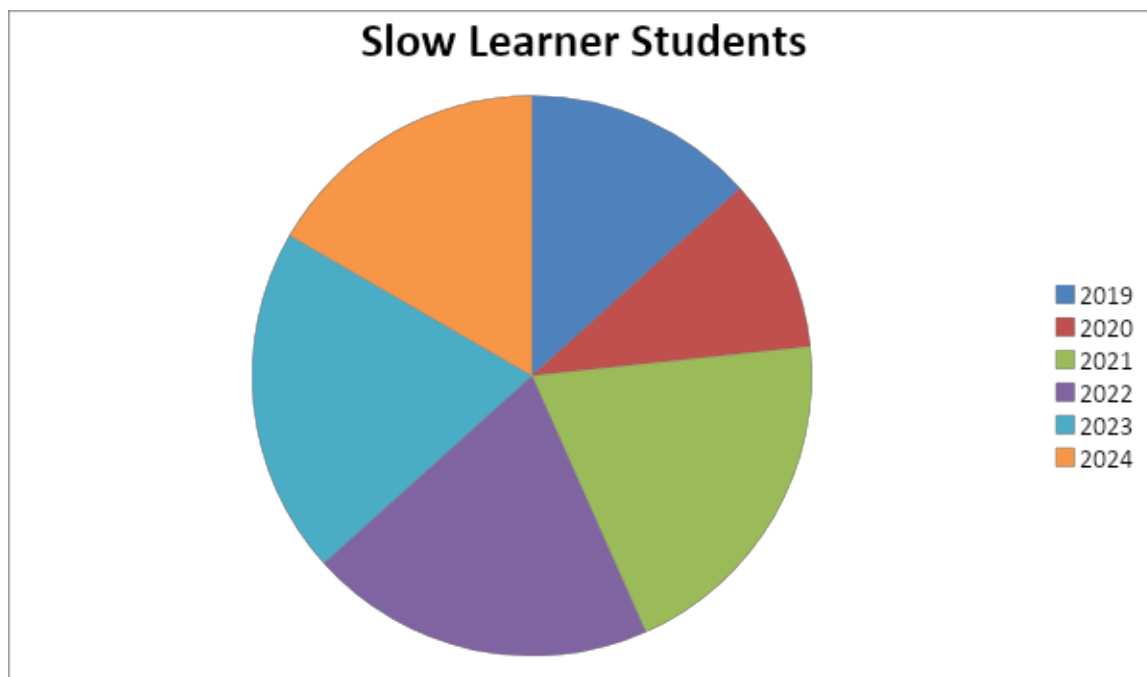
Graphical Representation: showing gradual increase in no. of students in Advance Learner Category.

#### List of the slow learners students 2019-2024

| Sl. No. | Roll No. | Name |
|---------|----------|------|
|---------|----------|------|

|     |           |                      |
|-----|-----------|----------------------|
| 1.  | 16NAH-686 | Zigmee Dorjee Bhutia |
| 2.  | 16NAH-692 | Sudil Limboo         |
| 3.  | 16NAH-722 | Rustum Rai           |
| 4.  | 16NAH-649 | Lukas Kujur          |
| 5.  | 17NAO-430 | Mahindra Rai         |
| 6.  | 17NAO-429 | Yogesh Chettri       |
| 7.  | 17NAO-425 | Sairose J. Manger    |
| 8.  | 18NAO-429 | Roshan Subba         |
| 9.  | 18NAO-435 | Pramod Tamang        |
| 10. | 18NAO-436 | Suren Rai            |
| 11. | 18NAO-438 | Ladiya Rai           |
| 12. | 18NAO-450 | Shesir Rai           |
| 13. | 18NAO-461 | Anup Rai             |
| 14. | 19NAO-461 | Awokash Pradhan      |
| 15. | 19NAO-467 | Abhishake Subba      |
| 16. | 19NAO-481 | Durga Maya Bhujel    |
| 17. | 19NAO-497 | Preetam Pariyar      |
| 18. | 19NAO-501 | Prabeen Rana         |
| 19. | 19NAO-524 | Kishore Rai          |
| 20. | 20NAO-914 | Karma Chetten Sherpa |
| 21. | 20NAO-927 | Tshetiz Manger       |
| 22. | 20NAO-936 | Anil Gurung          |
| 23. | 20NAO-953 | Ram Rai              |
| 24. | 20NAO-971 | Nabin Neopaney       |
| 25. | 20NAO-972 | Nalim Hang Subba     |
| 26. | 21NAO-722 | Tarun Rai            |
| 27. | 21NAO-724 | Punal Lepcha         |
| 28. | 21NAO-785 | Dikshika Rai         |

|     |           |              |
|-----|-----------|--------------|
| 29. | 21NAO-770 | Nikhil Bista |
|-----|-----------|--------------|



Graphical Representation: No. of students in Slow Learner Category.

### Department of Physical Education

#### Subject Topper students

The List of Students having 60% and above is based on Academic Report card of the students.

(2019)

| Sl. No. | Roll No.  | Name                | CGPA |
|---------|-----------|---------------------|------|
| 1.      | 16NAH-680 | SARASWATI RAI       | 6.11 |
| 2.      | 16NAH-683 | SHIVA RAI           | 6.56 |
| 3.      | 16NAH-684 | SAROJ TAMAN         | 6.17 |
| 4.      | 16NAH-678 | ATUL KHAWAS         | 6.34 |
| 5.      | 16NAH-687 | SANJAY MANGER       | 6.67 |
| 6.      | 16NAH-694 | TEK BAHADUR CHETTRI | 6.23 |
| 7.      | 16NAH-698 | SONO HANGMA SUBBA   | 6.76 |
| 8.      | 16NAH-701 | ROYEL RAI           | 6.12 |
| 9.      | 16NAH-704 | MANISHA CHETTRI     | 7.25 |

|     |           |               |      |
|-----|-----------|---------------|------|
| 10. | 16NAH-711 | PRANAI KAMI   | 6.68 |
| 11. | 16NAH-720 | SUJATA RAI    | 6.23 |
| 12. | 16NAH-710 | BIJAY CHETTRI | 6.34 |

**(2020)**

| Sl.No. | Roll No.  | Name               | CGPA |
|--------|-----------|--------------------|------|
| 1.     | 17NAO-467 | BUDDHA HANG SUBBA  | 6.72 |
| 2.     | 17NAO-033 | ATISH LIMBOO       | 6.11 |
| 3.     | 17NAO-034 | JERALIN RAI        | 6.56 |
| 4.     | 17NAO-413 | DIBYA PRAKASH RAI  | 6.17 |
| 5.     | 17NAO-416 | PABITRA RAI        | 6.34 |
| 6.     | 17NAO-418 | SAROJA SUBBA       | 6.67 |
| 7.     | 17NAO-423 | SACHIN SUBBA       | 6.23 |
| 8.     | 17NAO-426 | DENU HANGMA SUBBA  | 6.76 |
| 9.     | 17NAO-436 | AMON RAI           | 6.12 |
| 10.    | 17NAO-443 | DIVYA RAI          | 6.25 |
| 11.    | 17NAO-439 | SONA HANGMA SUBBA  | 6.68 |
| 12.    | 17NAO-446 | SAMIKCHA RAI       | 6.23 |
| 13.    | 17NAO-451 | NIRMALA GURUNG     | 6.19 |
| 14.    | 17NAO-449 | RUBAIN LEPCHA      | 6.34 |
| 15.    | 17NAO-459 | PURNI MAYA RAI     | 6.72 |
| 16.    | 17NAO-462 | PEMA CHOTEN SHERPA | 6.11 |
| 17.    | 17NAO-584 | ANJEELA BHUTIA     | 7.34 |

**(2021)**

| Sl.No | Roll No.  | Name          | CGPA |
|-------|-----------|---------------|------|
| 1.    | 18NAO-411 | NIMITA GURUNG | 6.44 |

|     |           |                   |      |
|-----|-----------|-------------------|------|
| 2.  | 18NAO-417 | DAWA LAMU SHERPA  | 6.17 |
| 3.  | 18NAO-421 | BASIL LIMBOO      | 7.00 |
| 4.  | 18NAO-423 | BEGAIN RAI        | 6.11 |
| 5.  | 18NAO-462 | MARIYAM LEPCHA    | 6.00 |
| 6.  | 18NAO-426 | PANDIMIT LEPCHA   | 6.33 |
| 7.  | 18NAO-427 | NIM RIKI SHERPA   | 6.39 |
| 8.  | 18NAO-428 | KARMA DIKI BHUTIA | 6.28 |
| 9.  | 18NAO-469 | ANJELINA RAI      | 6.89 |
| 10. | 18NAO-467 | SELINA RAI        | 6.28 |
| 11. | 18NAO-425 | NEERA CHETTRI     | 6.56 |

(2022)

| Sl.No | Roll No. | Name                     | CGPA |
|-------|----------|--------------------------|------|
| 1.    | 19NA0482 | Saroj Basnet             | 6.56 |
| 2.    | 19NA0483 | Da Doma Sherpa           | 6.72 |
| 3.    | 19NA0485 | Abhishek Darjee          | 6.56 |
| 4.    | 19NA0486 | Neeta Gurung             | 6.72 |
| 5.    | 19NA0489 | Chokhendra Rai           | 6.72 |
| 6.    | 19NA0492 | Prakriti Bhujel          | 6.06 |
| 7.    | 19NA0494 | Anita Rai                | 6.78 |
| 8.    | 19NA0497 | Preetam Pariyar (Darjee) | 6.39 |
| 9.    | 19NA0498 | Bindu Gurung             | 7.22 |
| 10.   | 19NA0499 | Melan Chettri            | 6.17 |
| 11.   | 19NA0501 | Prabeena Rana            | 6.44 |
| 12.   | 19NA0502 | Anu Hangma Limboo        | 6.83 |
| 13.   | 19NA0504 | Preetam Bhujel           | 6.33 |
| 14.   | 19NA0505 | Saran Rai                | 6.28 |
| 15.   | 19NA0507 | Prayana Rai              | 7.22 |
| 16.   | 19NA0509 | Sangay Tashi Sherpa      | 6.11 |
| 17.   | 19NA0510 | Ter Gyaltshen Tamang     | 6.83 |
| 18.   | 19NA0511 | Chandra Kala Sharma      | 6.56 |
| 19.   | 19NA0513 | Navin Darjee             | 6.94 |
| 20.   | 19NA0514 | Biswadeep Subba          | 6.56 |
| 21.   | 19NA0463 | Lakpa Diki Sherpa        | 6.28 |
| 22.   | 19NA0466 | Basanti Rai              | 6.89 |
| 23.   | 19NA0462 | Rinzing Ongmu Bhutia     | 7.78 |
| 24.   | 19NA0461 | Awokash Pradhan          | 6.50 |
| 25.   | 19NA0467 | Abishake Subba           | 6.72 |
| 26.   | 19NA0468 | Oma Hang Subba           | 6.83 |
| 27.   | 19NA0469 | Phurba Wangal Sherpa     | 6.22 |
| 28.   | 19NA0471 | Pema Gurung              | 6.11 |
| 29.   | 19NA0472 | Pranay Chettri           | 6.89 |
| 30.   | 19NA0473 | Kamala Rai               | 6.89 |
| 31.   | 19NA0474 | Tanuja Jogi              | 6.94 |
| 32.   | 19NA0476 | Kalpana Sunwar           | 6.83 |
| 33.   | 19NA0478 | Archana Rana             | 6.56 |
| 34.   | 19NA0481 | Durga Maya Bhujel        | 6.78 |
| 35.   | 19NA0515 | Manju Rai                | 6.44 |
| Sl.No | Roll No. | Name                     | CGPA |

(2023)



|     |           |                    |      |
|-----|-----------|--------------------|------|
| 1.  | 20NAO-901 | DIKI DOMA SHERPA   | 6.53 |
| 2.  | 20NAO-902 | PARMILA LIMBOO     | 6.29 |
| 3.  | 20NAO-903 | BINITA RAI         | 6.34 |
| 4.  | 20NAO-908 | SURAJ GURUNG       | 6.42 |
| 5.  | 20NAO-911 | VIJAYATA SUBBA     | 6.11 |
| 6.  | 20NAO-912 | DEWAS GURUNG       | 7.34 |
| 7.  | 20NAO-922 | KUSUM CHETTRI      | 7.17 |
| 8.  | 20NAO-923 | KARMA DOMA SHERPA  | 6.44 |
| 9.  | 20NAO-924 | JEENA LEPCHA       | 6.17 |
| 10. | 20NAO-925 | NAMRATA RAI        | 6.10 |
| 11. | 20NAO-926 | BISHAL CHETTRI     | 6.11 |
| 12. | 20NAO-928 | ZIGMEE SHERPA      | 6.00 |
| 13. | 20NAO-931 | AMARDIP CHETTRI    | 6.33 |
| 14. | 20NAO-932 | URMILA RAI         | 6.39 |
| 15. | 20NAO-933 | AWAN SUBBA         | 6.28 |
| 16. | 20NAO-940 | JIWAN CHETTRI      | 6.39 |
| 17. | 20NAO-939 | SANCHA HANG LIMBOO | 6.28 |
| 18. | 20NAO-950 | DEWAL GURUNG       | 6.56 |
| 19. | 20NAO-962 | GITA SINGH RAI     | 6.12 |

**(2024)**

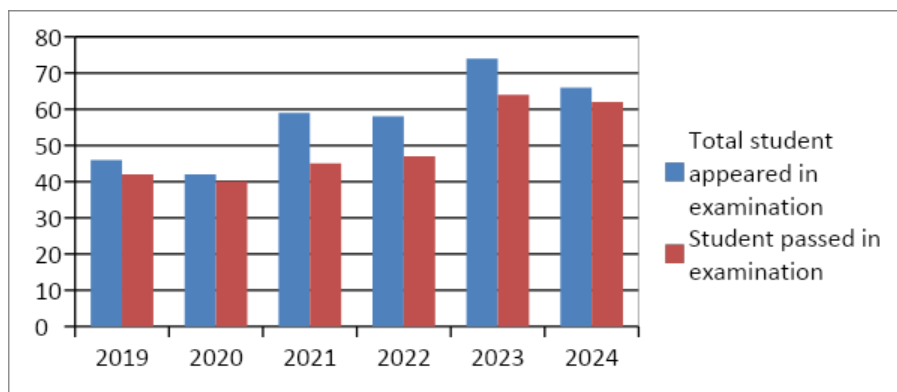
| Sl.No | Roll No.  | Name           | CGPA |
|-------|-----------|----------------|------|
| 1.    | 21NAO-721 | PRIYANKA SUBBA | 7.68 |
| 2.    | 21NAO-723 | CELESTINA RAI  | 6.63 |
| 3.    | 21NAO-726 | PRIYA RAI      | 6.29 |
| 4.    | 21NAO-729 | BIJAYTA RAI    | 6.34 |
| 5.    | 21NAO-733 | ABINAY PRADHAN | 6.72 |
| 6.    | 21NAO-739 | RITIKA MANGER  | 6.61 |

|     |           |                     |      |
|-----|-----------|---------------------|------|
| 7.  | 21NAO-741 | RETREENA MANGER     | 6.56 |
| 8.  | 21NAO-743 | PRASAN RAI          | 6.37 |
| 9.  | 21NAO-744 | SUDHAN RAI          | 6.34 |
| 10. | 21NAO-749 | SALINA RAI          | 6.47 |
| 11. | 21NAO-750 | PHURBA UCHEN SHERPA | 6.23 |
| 12. | 21NAO-767 | PRATIVA SUBBA       | 6.76 |
| 13. | 21NAO-766 | ROHIT SUBBA         | 6.12 |
| 14. | 21NAO-765 | BIREN CHETTRI       | 6.25 |
| 15. | 21NAO-764 | SONAM DECHEN BHUTIA | 6.68 |
| 16. | 21NAO-761 | PHUR LAMU SHERPA    | 6.83 |
| 17. | 21NAO-760 | PRAKASH RAI         | 6.49 |
| 18. | 21NAO-756 | SARASWATI LIMBOO    | 6.34 |
| 19. | 21NAO-758 | LEEZUM LEPCHA       | 6.32 |
| 20. | 21NAO-755 | SOPHIA RAI          | 6.51 |

### **Final Year Students Result**

**(2019-2024)**

| Sl. No. | Year | Subject Code | Subject/Paper | No. of students<br>appeared in the<br>final examination | No. of students<br>passed in the<br>examination |
|---------|------|--------------|---------------|---------------------------------------------------------|-------------------------------------------------|
| 1.      | 2019 | PED-UG-C601  | PE VIII       | <b>46</b>                                               | <b>42</b>                                       |
|         |      | PED-UG-C602  | PE IX         | <b>46</b>                                               | <b>42</b>                                       |
| 2.      | 2020 | PED-UG-C601  | PE VIII       | <b>42</b>                                               | <b>40</b>                                       |
|         |      | PED-UG-C602  | PE IX         | <b>42</b>                                               | <b>40</b>                                       |
| 3.      | 2021 | PED-UG-C601  | PE VIII       | <b>59</b>                                               | <b>45</b>                                       |
|         |      | PED-UG-C602  | PE IX         | <b>59</b>                                               | <b>45</b>                                       |
| 4.      | 2022 | PED-UG-C601  | PE VIII       | <b>58</b>                                               | <b>47</b>                                       |
|         |      | PED-UG-C602  | PE IX         | <b>58</b>                                               | <b>47</b>                                       |
| 5.      | 2023 | PED-UG-C601  | PE VIII       | <b>74</b>                                               | <b>64</b>                                       |
|         |      | PED-UG-C602  | PE IX         | <b>74</b>                                               | <b>63</b>                                       |
| 6.      | 2024 | PED-UG-C601  | PE VII        | <b>66</b>                                               | <b>62</b>                                       |
|         |      | PED-UG-C602  | PE IX         | <b>66</b>                                               | <b>62</b>                                       |



### **Detail Report of Guest Lecture:**

#### **DEPARTMENT OF PHYSICAL EDUCATION**

#### **REPORT**

Venue: Department of Physical Education, SGC Namchi.

Dated: 05/07/2023

On 5<sup>th</sup> July 2023, Department of Physical Education organized guest lecture for the students of V semester in P.E Department. The program emphasized to educate the students on “Development of individual and necessary implementation of updated knowledge in sports. The guest lecture for the programme was Mr. Mani Kumar Rai, lecturer, DIET Namchi. All the students of V semester attended the lecture along with the faculty of P.E Department. The commencement of the programme began with welcome speech addressed by Dr. Chewang Doma Bhutia, Assistant Professor, SGC Namchi. Mr. Rai delivered the lecture primarily emphasizing on development of individuals through sports. In his talk, Mr. Rai also gave few relatable examples, which made the lecture more interesting and easygoing for the students to understand the concept more clearly. Once the lecture was over Department of P.E. felicitated Mr. Rai with memento and certificate to honor him. The programme concluded with vote of thanks, soliciting the presence of every individual.



Figure 1(2023): Mr. Rai with the Physical Education students of V semester.



Figure 2(2023): Mr. Rai along with the Faculties of Department of Physical Education.

Date: 05.07.23

Bishwa Hang Subba

Head of the Department

## **Department Activities 2019-2024**

### **Department of Physical Education**

#### **REPORT**

**Tournament: Inter-Department Football**

**Category: Intramural**

**Venue: College Ground**

**Dated: 13/04/19**

The Department of Physical Education in the calendar year 20219 organized football tournament in the college from 13<sup>th</sup> April-24<sup>th</sup> April 2019. All together 19 department from the college participated in the tournament. The opening of the tournament was graced by Dr. Pasuram Poudyal (Principal) along with the Vice Principal, and Dean of the Student's Affair including Teaching, non teaching staff and the student's of the college.

The program started with cultural event by English department followed by Physical Education department. The first match was played between PE department and Sociology department where PE department won the match with the score of 2-1.

The final of the tournament was graced by Dr. Pasuram Poudyal (Principal), Vice Principal, and Dean of the Student's Affair including Teaching, non teaching staff and the student's of the college. The Physical Education Department won the match with the score of 3-1 against EVS/EHS. The committee also rewarded the winning team with trophies and cash prize. The tournament was successfully concluded.



*Figure 1(2019): Mr. Tilak Chettri receiving Man of the Match Trophy from Dr. Pasuram Poudyal Principal of the college.*



*Figure 2(2019): Mr. Sanjaya Kumar Subba Assistant Professor awarding Officials of the match Mr. Nima Dadul Bhutia.*

**Date: 13.04.19**

**Chewang Doma Bhutia**

**Head of the Department**





## **Department of Physical Education**

### **REPORT**

**Tournament: Inter-Department Football**

**Theme: Peace, Prosper and Healthy life**

**Dated: 29/04/23**

**Aim:**

The Department of Physical Education in the calendar year 2023 organized football tournament in the college from 17<sup>th</sup> April-28<sup>th</sup> April 2023. All together 23 department from the college participated in the tournament. The opening of the tournament was graced by Hon'ble Education Minister Shri Kunga Nima Lepcha as chief guest along with the Head of the Institution, Vice Principal, and Dean of the Student's Affair including Teaching, non teaching staff and the student's of the college. The Minister in his speech addressed the importance of sports in our daily life and its benefits in making an individual healthy. He also acknowledged Department of Physical Education for organizing the tournament.

The program started with cultural event by Lepcha department followed by Physical Education department. The first match was played between English department and Lepcha department where Lepcha department won the match with the score of 3-2. The tournament also witnessed maximum participation of students from various departments. The remaining match was played

consecutively for 10 days wherein the Physical Education department and EVS/EHS reached the final of the tournament.

The final of the tournament was graced by Tashi Tamang Chairman Building and Housing department, Ravindra Rai Former Zilla Panchayat, Ravi Khaling Namchi Multimedia, Basant Yonzon Youth Coordinator, Head of the Institution, Vice Principal, and Dean of the Student's Affair including Teaching, non teaching staff and the student's of the college. The Physical Education Department won the match with the score of 4-1 against EVS/EHS. The committee also rewarded the winning team with trophies and cash prize. The tournament was successfully concluded.



*Figure 1: Matchday 13: SGC Namchi Staff Team and PE Team with the Officials.*

**Date: 29.04.23**



**Jonah Rai**

**Head of the Department**

**List of all the students who are progressing to higher education**

**Year: 2021**

| <b>Sl. no.</b> | <b>Name of the students</b> | <b>Programme graduated from</b> | <b>Dept. Graduated from</b> | <b>Name of the institution joined</b> | <b>Name of the programme admitted</b> |
|----------------|-----------------------------|---------------------------------|-----------------------------|---------------------------------------|---------------------------------------|
| 1.             | Basil Limboo                | B.A. Hons.                      | PE                          | HVPM, Amravati Maharashtra            | M.P.Ed.                               |
| 2.             | Nim Riki Sherpa             | B.A. Hons.                      | PE                          | HVPM                                  | M.P.Ed.                               |
| 3.             | Sachin Limboo               | B.A. Hons.                      | PE                          | HVPM                                  | M.P.Ed.                               |
| 4.             | Roshni Rai                  | B.A. Hons.                      | PE                          | HVPM                                  | M.P.Ed.                               |
| 5.             | Nisha Rai                   | B.A. Hons.                      | PE                          | HVPM                                  | B.P.Ed.                               |
| 6.             | Roshan Subba                | B.A. Hons.                      | PE                          | HVPM                                  | B.P.Ed.                               |
| 7.             | Begain Rai                  | B.A. Hons.                      | PE                          | HVPM                                  | B.P.Ed.                               |
| 8.             | Mayel Lepcha                | B.A. Hons.                      | PE                          | HVPM                                  | B.P.Ed.                               |
| 9.             | Primula Gurung              | B.A. Hons.                      | PE                          | HVPM                                  | B.P.Ed.                               |
| 10.            | Neera Chettri               | B.A. Hons.                      | PE                          | HVPM                                  | B.P.Ed.                               |

**Year: 2022**

| <b>Sl. no.</b> | <b>Name of the students</b> | <b>Programme graduated from</b> | <b>Dept. Graduated from</b> | <b>Name of the institution joined</b> | <b>Name of the programme admitted</b> |
|----------------|-----------------------------|---------------------------------|-----------------------------|---------------------------------------|---------------------------------------|
| 1.             | Oma Hang Limboo             | B.A. Hons.                      | PE                          | HVPM, Amravati Maharashtra            | B.P.Ed.                               |

|     |                      |            |    |                               |         |
|-----|----------------------|------------|----|-------------------------------|---------|
| 2.  | Kishore Rai          | B.A. Hons. | PE | HVPM, Amravati<br>Maharashtra | B.P.Ed. |
| 3.  | Avishak Rai          | B.A. Hons. | PE | RCPE                          | B.P.Ed. |
| 4.  | Anu Hangma Limboo    | B.A. Hons. | PE | RCPE                          | B.P.Ed. |
| 5.  | Bindu Gurung         | B.A. Hons. | PE | RCPE                          | B.P.Ed. |
| 6.  | Awokash Pradhan      | B.A. Hons. | PE | RCPE                          | B.P.Ed. |
| 7.  | Anita Rai            | B.A. Hons. | PE | RCPE                          | B.P.Ed. |
| 8.  | Basanti Rai          | B.A. Hons. | PE | RCPE                          | B.P.Ed. |
| 9.  | Bhumika Darjee       | B.A. Hons. | PE | RCPE                          | B.P.Ed. |
| 10. | Prayana Rai          | B.A. Hons. | PE | RCPE                          | B.P.Ed. |
| 11. | Rajani Rai           | B.A. Hons. | PE | RCPE                          | B.P.Ed. |
| 12. | Rinzing Ongmu Bhutia | B.A. Hons. | PE | RCPE                          | B.P.Ed. |
| 13. | Prabeena Rana        | B.A. Hons. | PE | RCPE                          | B.P.Ed. |
| 14. | Pranay Chettri       | B.A. Hons. | PE | RCPE                          | B.P.Ed. |
| 15. | Navin Darjee         | B.A.Hons.  | PE | RCPE                          | B.P.Ed. |

Year: 2023

| Sl. no. | Name of the students  | Programme graduated from | Dept. Graduated from | Name of the institution joined   | Name of the programme admitted |
|---------|-----------------------|--------------------------|----------------------|----------------------------------|--------------------------------|
| 1.      | Jiwan Chettri         | B.A. Hons.               | PE                   | RCPE, Panisagar<br>North Tripura | B.P.Ed.                        |
| 2.      | Bishal Chettri        | B.A. Hons.               | PE                   | RCPE                             | B.P.Ed.                        |
| 3.      | Dewal Gurung          | B.A. Hons.               | PE                   | RCPE                             | B.P.Ed.                        |
| 4.      | Chewang Dorjay Tamang | B.A. Hons.               | PE                   | RCPE                             | B.P.Ed.                        |
| 5.      | Pranil Gurung         | B.A. Hons.               | PE                   | RCPE                             | B.P.Ed.                        |
| 6.      | Zigme Sherpa          | B.A. Hons.               | PE                   | RCPE                             | B.P.Ed.                        |
| 7.      | Abhinay Rai           | B.A. Hons.               | PE                   | RCPE                             | B.P.Ed.                        |
| 8.      | Anil Gurung           | B.A. Hons.               | PE                   | RCPE                             | B.P.Ed.                        |
| 9.      | Roza Gurung           | B.A. Hons.               | PE                   | RCPE                             | B.P.Ed.                        |
| 10.     | Reshma Rai            | B.A. Hons.               | PE                   | RCPE                             | B.P.Ed.                        |

**Year: 2024**

| <b>Sl. no.</b> | <b>Name of the students</b> | <b>Programme graduated from</b> | <b>Dept. Graduated from</b> | <b>Name of the institution joined</b> | <b>Name of the programme admitted</b> |
|----------------|-----------------------------|---------------------------------|-----------------------------|---------------------------------------|---------------------------------------|
| <b>1.</b>      | <b>Rohit Subba</b>          | <b>B.A. Hons.</b>               | <b>PE</b>                   | <b>HVPM, Amravati Maharashtra</b>     | <b>B.P.Ed.</b>                        |
| <b>2.</b>      | <b>Prakash Rai</b>          | <b>B.A. Hons.</b>               | <b>PE</b>                   | <b>HVPM</b>                           | <b>B.P.Ed.</b>                        |
| <b>3.</b>      | <b>Abinash Rai</b>          | <b>B.A. Hons.</b>               | <b>PE</b>                   | <b>HVPM</b>                           | <b>B.P.Ed.</b>                        |
| <b>4.</b>      | <b>Vijyata Rai</b>          | <b>B.A. Hons.</b>               | <b>PE</b>                   | <b>HVPM</b>                           | <b>B.P.Ed.</b>                        |
| <b>5.</b>      | <b>Priyanka Subba</b>       | <b>B.A. Hons.</b>               | <b>PE</b>                   | <b>HVPM</b>                           | <b>B.P.Ed.</b>                        |
| <b>6.</b>      | <b>Abinay Pradhan</b>       | <b>B.A. Hons.</b>               | <b>PE</b>                   | <b>HVPM</b>                           | <b>B.P.Ed.</b>                        |
| <b>7.</b>      | <b>Eden Sherpa</b>          | <b>B.A. Hons.</b>               | <b>PE</b>                   | <b>HVPM</b>                           | <b>B.P.Ed.</b>                        |

**Achievement of the departmental students:**

**National/State Participation Details**

| <b>Sl. No.</b> | <b>Roll No.</b> | <b>Name</b>    | <b>Category</b>                                                                                                                                                                                                                                                                               |
|----------------|-----------------|----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1.             | 18NA0421        | Basil Limboo   | <b>Football</b> -Represented Sikkim Football Team in the <b>HERO 75<sup>TH</sup> NATIONAL FOOTBALL CHAMPIONSHIP FOR SANTOSH TROPHY 2021-2022</b> held at KALYANI, WEST BENGAL from 21-11-2021 to 25-11-2021.                                                                                  |
| 2.             | 17NA0436        | Amon Rai       | <b>Badminton</b> -Participated in the event of <b>Singles/Doubles, Mixed Doubles in All India Senior Ranking Badminton Tournament For Men and Women</b> Held at SMIT, Majhitar, Rangpo, Sikkim From 4 <sup>th</sup> to 9 <sup>th</sup> December-2017.                                         |
| 3.             | 18NA0432        | Binita Rai     | <b>Badminton</b> -Participated in the <b>32<sup>nd</sup> Sikkim State Badminton Championship 2023</b> , held at Indoor Badminton hall, Palzor Stadium, Gangtok from 21 <sup>st</sup> to 23 <sup>rd</sup> July, 2023.<br><b>Event: Women's Doubles</b><br><b>Position: Runners Up.</b>         |
| 4.             | 18NA0467        | Selina Rai     | <b>Badminton</b> -Participated in the <b>30<sup>th</sup> Sikkim State Badminton Championship 2019</b> , held at Indoor Badminton hall, Palzor Stadium, Gangtok from 25 <sup>th</sup> to 30 <sup>th</sup> July, 2019.<br><b>Event: Women's Singles</b><br><b>Position: Runners Up (Silver)</b> |
| 5.             | 21NA0733        | Abinay Pradhan | Certificate presented for outstanding dedication and <b>volunteering in the Nehru Yuva Kendra</b> Namchi South Sikkim.                                                                                                                                                                        |
| 6.             | 21NA0743        | Prasan Chettri | <b>Badminton</b> -Participated in the <b>Lining State Senior Ranking Badminton</b>                                                                                                                                                                                                            |

|    |          |            |                                                                                                                                                                                                                      |
|----|----------|------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|    |          |            | <b>Championship-2022,</b> held at Indoor Badminton hall, Pelling, Gyalshing District from 27 <sup>th</sup> to 29 <sup>th</sup> August, 2022<br><b>Event: Men's Doubles</b><br><b>Position: 1<sup>st</sup> (Gold)</b> |
| 7. | 21NA0755 | Sophia Rai | <b>Registration No. SK21SWA200483 Rank CADET</b> Participated in NCC combined <b>Training Camp</b> from 30 <sup>th</sup> June 2022 Kamrang Namchi South Sikkim.                                                      |
| 8. | 21NA0755 | Sophia Rai | <b>Registration No. SK21SWA200483 Rank CADET</b> Participated in NCC combined Annual <b>Training Camp</b> from 10 <sup>th</sup> May-19 <sup>th</sup> May 2023 JNV Rothak West Sikkim.                                |

**Details of OP/RC/FDP etc carried out by the departmental teachers:**

Name: Dr. Chewang Doma Bhutia

- Participated in the 131<sup>st</sup> Orientation Course which was held from 5<sup>th</sup> march to 25<sup>th</sup> march 2020 and obtained grade "A" organized by HRDC Pondicherry University.
- Attended FDP on Anti Doping and sports sciences 2021 organized by Department of Physical Education , Auro University, Surat in association with SWARNIM Gujarat Sports University and National Anti Doping Agency from 15<sup>th</sup>-21<sup>st</sup> June 2021.

Name: Jonah Rai

- Completed Two weeks Interdisciplinary International Refresher course on Academic Banks on Credits (ABC) scheme in Higher Education UGC Regulation, 2021(with reference to Blended Learning) from 7<sup>th</sup> – 20<sup>th</sup> July 2021 and obtained grade A+ organized by TLC, Ramanujan College, University of Delhi.
- Participated in the 7 days online Faculty Development Programme on Basic of Research from 10<sup>th</sup>-16<sup>th</sup> January 2020 organized by ITEC in collaboration with Sadbhavana College of Education for Women, Rajkot, Lhudiana, Punjab.

Name: Bishwa Hang Subba

- Completed Four week Induction/Orientation programme for “Faculty in Universities/Colleges/Institutes of Higher Education” from November 10<sup>th</sup>-December 9<sup>th</sup> , 2020 and obtained grade A+. organized by TLC, Ramanujan College, University of Delhi.

- Attended FDP on Anti Doping and sports sciences 2021 organized by Department of Physical Education , Auro University, Surat in association with SWARNIM Gujarat Sports University and National Anti Doping Agency from 15<sup>th</sup>-21<sup>st</sup> June 2021.

**Dtails of the PhD holder teacher of the department**

The serial Number C26/17/47912 with Register Number 1613 **Dr. Chewang Doma Bhutia** has been successfully admitted to the Degree of **Doctor of Philosophy** in Physical Education for the thesis entitled “Effect of Different Intensity Aerobic Dance Routines on Selected Body Composition Psychological Lipid Profile and Endocrine Variables in Overweight and Obese Adulthood Women” in **March 2019** at **Pondicherry University**.



**Details of the department faculty invited for Syllabus revision/paper setting/BOS meeting 2019-2024**

| Sl. No. | Faculty name            | Paper Setting(Even/O dd semester) | Syllabus Revision | BOS | Year |
|---------|-------------------------|-----------------------------------|-------------------|-----|------|
| 1.      | Dr. Chewang Doma Bhutia | ✓                                 | -                 | -   | 2019 |
|         |                         | ✓                                 | -                 | -   | 2020 |

|    |                       |   |   |   |      |
|----|-----------------------|---|---|---|------|
|    |                       | ✓ | - | ✓ | 2021 |
|    |                       | ✓ | ✓ | - | 2022 |
|    |                       | - | - | - | 2023 |
|    |                       | - | - | - | 2024 |
| 2. | Mr. Jonah Rai         | ✓ | - | - |      |
|    |                       | ✓ | - | - |      |
|    |                       | ✓ | - | - |      |
|    |                       | ✓ | - | - |      |
|    |                       | - | - | - |      |
|    |                       | - | - | - |      |
| 3. | Mr. Bishwa Hang Subba | ✓ | - | - |      |
|    |                       | ✓ | - | - |      |
|    |                       | ✓ | - | ✓ |      |
|    |                       | ✓ | ✓ | - |      |
|    |                       | - | - | - |      |
|    |                       | - | - | - |      |